

First Universalist Church of Minneapolis

8th grade Our Whole Lives (OWL), Fall 2024

Date	Session Topic
Sept 14	Parent/Caregiver Orientation
Sept 15	Session 1: Covenant & Introduction to OWL
Sept 22	Session 2: Examining Values
Sept 29	Session 3: Sexual Language
Oct 6	Session 4: Puberty
Oct 12	Fall Overnight: Healthy Relationships, Relationship Challenges; (Check-in begins at 4 pm)
Oct 13	Fall Overnight: Anatomy & Physiology (with slides) (All dismissed at 10:15 am)
Oct 27	Session 5: Body Image
Nov 3	Session 6: Gender Identity Part 1
Nov 10	Session 7: Gender Identity Part 2
Nov 17	Session 8: Gender Expression, Roles, & Stereotypes
Nov 24	Session 9: Extended Sunday: Sexual Orientation & Panel (both classes meet from 9 am - 12:15 pm)
Dec 8	Session 10: Sexuality & Disability
Dec 15	Session 10.5: Mental Health
Dec 22	No Curriculum Class: Service Project & Party

****If you would like information about Sunday worship, the Jr High Youth Group, or further connection to the church community, please contact our Interim Director of Children, Youth, and Family Ministries, Allison Connelly-Vetter: Allison@firstuniv.org****