



# GET CONNECTED

## SUMMER SUNDAYS: 10 A.M. WORSHIP

From Memorial Day weekend through Labor Day weekend, we offer a single worship service at 10 a.m. Please join us for worship at 10 a.m. on Sundays this summer!

## WELLSPRING INFO SESSION IS JUNE 18

Wellspring is a uniquely Unitarian Universalist program of spiritual deepening that offers the opportunity to learn more about ourselves and our faith through a year-long small group experience. It has five components: commitment to a daily spiritual practice, monthly spiritual direction, small group meetings, reading about the theological and historical foundations of our faith, and putting our faith into action. **Attendance at an info session is required if you wish to participate in Wellspring for the 2019-2020 year. The final information session will be held at 7 p.m. on Tuesday, June 18.** Please join us to learn more!

## "DAKOTA 38" DOCUMENTARY SCREENING: JUNE 23

Join the Racial Justice Education Team for a screening of Dakota 38 Documentary: Healing Journey of the Dakota People on **Sunday, June 23** at 11:30 a.m. This drop-in screening will include facilitated discussion and light snacks. About the film: This moving documentary follows Jim Miller, a Native spiritual leader, and a group of native riders on a 330-mile healing journey across South Dakota to Minnesota, to the site of the largest mass execution in U.S. History.

## POCI CIRCLE MEETS NEXT SUNDAY 6/23

Anyone who identifies as a Person of Color or Indigenous Person is welcome to attend the next POCI Circle **next Sunday, June 23** from 1-3 p.m. in the Chancel Room. As we understand the important role of white allies in our lives, we also hold dearly the safe community spaces where our POCI communities can be in UU fellowship together. This is intended to be a group by and for People of Color and Indigenous People only. The goals of the group are to explore and understand each other's truths, seek the truth in love, and talk about topics of interest to us.

## SING IN SUMMER CHOIR JULY 21 OR AUG. 25

Do you like to sing? Have you thought about being in a choir, but can't make an extended commitment? Summer Choir may be just right for you. The Summer Choir is scheduled to sing in services on July 21 and August 25. Rehearsals are at 9 a.m. on the day of the service, and music is easy enough to learn in the 45 minute rehearsal. All are welcome. If you have any questions, contact Randy at [randy@firstuniv.org](mailto:randy@firstuniv.org).

## OPEN HEARTS AND SPIRITUAL CARE

We know that worship takes us into deep and surprising places. If you find yourself needing to talk with someone about what is stirring for you on a Sunday morning, please speak with one of our pastoral visitors sitting in the narthex during and after the service. This is how we care for one another.



# WELCOME

At First Universalist Church, in the spirit of love and hope, we give, receive, and grow. We welcome, affirm, and protect the light in each human heart; we listen deeply to where love is calling us next; and we act with humility, bravery, and compassion in service to justice. We do all this as a faith community committed to racial justice. These spiritual practices and commitments are the ways we move in rhythm with the great love that is alive in the world.

## Are You Visiting?

Come to First Step, a brief orientation to First Universalist Church and Unitarian Universalism. First Step is generally offered on first and third Sundays.

## Our next orientation takes place: Today

Meet us in the front of the Sanctuary immediately after the service. Find out more about our community in this 45-minute overview. No sign up needed. Childcare is provided during the session after the 10 a.m. service. **The Visiting Families Welcome Station** at the north end of the Religious Education wing has information about our Children, Youth & Family Ministries. Stop by if you are interested in learning more, or email Director of Children, Youth & Family Ministries Lauren Wyeth at: [lauren@firstuniv.org](mailto:lauren@firstuniv.org).

## CYCLE OF LIFE

If you are experiencing a crisis or transition, or celebrating a joy—please let us know. To be included in our Cycle of Life each Sunday in worship, contact Sandy DiNanni at [sandy@firstuniv.org](mailto:sandy@firstuniv.org) or 612-825-1701. If you would like support, contact Rev. Ruth MacKenzie at 612-825-1701 or any member of our Pastoral Visitor Team.

## HELPFUL INFORMATION

Hearing devices are available; please ask an usher. Cushions are available for the pews and are located next to the sound booth and at the entrance to the Sanctuary. Please return them to their home after the service. We also have **fragrance-free rows** marked in the balcony. **For more info**, stop by our Information Center in the Social Hall downstairs.

## OFFERING PLATE

Recent offering plates from Sunday Service:

- 5/26 Mile in My Shoes \$424.40
- 6/2 First Universalist Church \$1,102.55
- 6/9 CAIR-MN \$635.77

Know a charitable organization that shares our commitment to justice and equity? Nominate an offering recipient: [firstuniversalistchurch.org/offering-plate](http://firstuniversalistchurch.org/offering-plate).

**Text to Give!** To make a donation to the offering plate via credit card, use your smartphone to **text firstuniv to 73256**. You'll receive a link to a secure form where you can enter your info. You may also use the Square Cash app using our cash tag, \$firstuniv.

## GET OUR NEWSLETTER

*The Weekly Liberal*, our email newsletter, is published on Thursdays. Subscribe at: [firstuniversalistchurch.org/the-weekly-liberal](http://firstuniversalistchurch.org/the-weekly-liberal)

## CONGREGATIONAL CARE Sunday Flower Arrangements

Donating flowers enhances the beauty of worship and celebrates an individual or event. After services, you can take the flowers home, or have them delivered to congregants who could use a caring gesture. Contact Dick Rueter at [dick.rueter49@usinternet.com](mailto:dick.rueter49@usinternet.com) or 612-280-4186 if you'd like to provide flowers or help deliver them after worship.



*In the Universalist spirit of love and hope,  
we give, receive, and grow.*



SUMMER WORSHIP THEME: YES, AND...

# OUR SECOND SOUND

*REV. JUSTIN SCHROEDER &  
REV. KAREN HUTT*

*JUNE 16, 2019*

*We welcome, affirm, and protect the light in each human heart; we listen deeply to where love is calling us next; and we act with humility, bravery, and compassion in service to justice. We do all this as a faith community committed to racial justice.*

## Music for Gathering

Franco Holder

## Preparing Our Hearts (please remain seated)

### *Sanctuary*

O prepare me to be a sanctuary,  
pure and holy, tried and true.

With thanksgiving,  
I'll be a living sanctuary for you.

–John Thompson and Randy Scruggs

## Words of Welcome

Rev. Justin Schroeder

## Prelude

### *Psalm 23*

- Bobby McFerrin

First Universalist Summer Choir

Dr.Randal Buikema, conductor

## Call to Worship

Keven Ambrus

## Opening Hymn #360 (please rise in body or spirit)

### *Here We Have Gathered*

## Lighting the Chalice

Love is the spirit of this church.

And service is its law.

This is our great covenant:

To dwell together in peace,

To seek the truth in love,

and to help one another.

- James V. Blake

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## Musical Interlude

Franco Holder

## Reflection

Drew Rosielle

## Silence

## Cycle of Life

Rev. Justin Schroeder

## Hymn of Prayer #123 (Please remain seated)

### *Spirit of Life*

Spirit of life, come unto me,

Sing in my heart all the stirrings of compassion

Blow in the wind, rise in the sea:

Move in the hand, giving life the shape of justice.

Roots hold me close. Wings set me free.

Spirit of Life, come to me. Come to me.

- Carolyn McDade

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## Welcoming In Joy

*Where You Go* (rise in body or spirit when you hear music start)

Where you go I will go, Beloved

Where you go I will go. (Repeat)

And your people are my people. Your people are mine.

Your people are my people. Your Divine, my Divine.

- Shoshana Jedwab

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## Reflection

Andrew Tralle

## Musical Interlude

Franco Holder

## Reflection

Rev. Karen Hutt

## Anthem

### *Lullaby*

- Billy Joel

David Lauth

## Reflection

Rev. Justin Schroeder

## Offertory

### *If I Had One Wish*

- David Lauth

David Lauth

## Closing Hymn #326 (please rise in body or spirit.)

### *Let All the Beauty We Have Known*

## Closing Words

## Blessing in Song #413

### *Go Now in Peace*

## Worship Leaders

Rev. Justin Schroeder

Senior Co-Minister

Rev. Karen Hutt

Adjunct Minister

Keven Ambrus

Worship Associate

Drew Rosielle

Speakers

Andrew Tralle

Franco Holder

Pianist

Dr. Randal Buikema

Director of Choral Arts

First Universalist Summer Choir

David Lauth

Guest Musician

## Guest Musician: David Lauth

David Lauth trained as a classical musician and now sings frequently for the services of Unitarian Universalist congregations in Minnesota and Wisconsin. A longtime First Universalist member, David also serves as President of the Board of Trustees for the UUA's MidAmerica Region.

## Chancel Flowers

Today's flowers are by Martha Moriarty of the Visual Arts Committee.

## Offering: Dowling Parent-Teacher Organization:

### Somali Translation Services

Communication is essential to non-native-English speakers, who face tremendous obstacles in the United States. Today's offering helps Somali families at Michael Dowling Elementary school communicate by funding translation services. These services educate families on how to get involved in their child's education and provide information about upcoming opportunities for engagement with the school. They also provide live interpretation at Parent-Teacher Organization meetings and educational forums. Our offering will empower parents to participate more fully in their children's education.

## Summer Worship Theme: Yes, And...

We live in a society of either/or, us or them, this or that, winning or losing, success or failure. Yet, what we are beginning to understand in our sciences of living systems, physics, and metaphysics is that this world was created, creates, and recreates in the mysterious dance of relationship. Interactions upon interactions are the creating drivers of this world. Wisdom teachers from Lao Tzu, to adrienne maree brown, to indigenous peoples around the globe have said as much: *This world is more Yes and...than either or.* In the months of summer, when creativity and emerging life is hard to miss, we will explore the spiritual imperative of *Yes and.* How do we engender curiosity and listening as our default response? What kind of spiritual practices might buoy our hearts, and create our capacity for joy? How might this community of faith make our shoulders strong, keep our hearts open, and join together as an island of sanity and solidarity. Join us in the *Yes, and...*