



# GET CONNECTED

## YOUNG ADULT LUNCH: TODAY!

Are you in your 20s or 30s? Join the First Universalist Young Adults group on the 1st and 3rd Sunday of every month for lunch and conversation after the 11:15 a.m. service. Join the group for lunch today - meet at 12:45 p.m. at the info desk in the Social Hall before heading out. Email Molly Work at [mollywork88@gmail.com](mailto:mollywork88@gmail.com) with questions.

## TODAY: MNI KI WAKAN REFLECTIONS

*Mni Ki Wakan* (Water is Sacred) is an indigenous youth-centered and indigenous peoples-oriented call for continued and deepened action. You're invited to attend a presentation of the recent 2018 *Mni Ki Wakan* international water summit today in the Chalice Room at 1:15 p.m. Join the first Universalist host planning team and local indigenous organizers as they share their experiences and perspectives on this unprecedented event. Come and listen as planners preview and explore prospective activities of the August 2019 water summit. Light food and beverages will be served.

## SENIORS HIKE WITH DAYTIME CONNECTIONS

What could be more invigorating than a brisk fall hike through the woods with a group of First U companions? That's the plan for our next Seniors Hike with Daytime Connections! Meet at the Cedar Lake Point Beach parking lot (2100 Cedar Lake Parkway) at 10 a.m. on Thursday, Nov. 29. This mostly-level hike will take a bit less than two hours, with shorter options available. On the route we'll have a chance to check out Brownie Lake and Hidden Beach on Cedar Lake. RSVP to Ward Lyndall at (612) 823-2385 or [wmlyndall@gmail.com](mailto:wmlyndall@gmail.com). Non-seniors are welcome too!

## SENIOR HIGH PIE FUNDRAISER TODAY!

Please come to the social hall after either service today to purchase whole pies or pie slices baked with love by the First Universalist Senior High youth group! All money raised will go towards Senior High trips and towards helping our youth participate Unitarian Universalist leadership programs.

## GLOBAL GIFT FAIR IS SUNDAY, NOV. 25

On Sunday, Nov. 25, the Global Gift Fair will be held from 9 a.m. to 1 p.m. in the Social Hall. We will have 6 participating vendors: **Books for Bassodawish** features handmade items from Tanzania. **Mano a Mano** is a UU initiated program that sells handmade clothes in Bolivia. **SAYSM or Under One Roof** will again bring handmade linens and goods by women who are new citizens. **Nawang** represents Tibet imports including bells, bowls and winter wear. **Frybread** serves at-risk youth in the community and has an assortment of wearables, jewelry and decor with Native American roots. **Honor the Earth** is representing White Earth Reservation and will have products to sell that promote clean water and protecting Mother Earth.

## HATS FOR THE HOMELESS

Now in its 10th year, First Universalist knitters are asked to donate beautiful knit caps to Hats for the Homeless to sustain our tradition of bringing warmth and love to our less fortunate neighbors. Barb Melom and Pat Gottschalk have already begun distribution to shelters, schools and community resources. Donated hats and scarves can be brought to our collection basket near the elevator in the atrium, or they can be given to Sandy DiNanni at the hub on Sundays.



# WELCOME

At First Universalist Church, in the spirit of love and hope, we give, receive, and grow. We welcome, affirm, and protect the light in each human heart; we listen deeply to where love is calling us next; and we act with humility, bravery, and compassion in service to justice. We do all this as a faith community committed to racial justice. These spiritual practices and commitments are the ways we move in rhythm with the great love that is alive in the world.

## Are You Visiting?

Come to First Step, a brief orientation to First Universalist Church and Unitarian Universalism. First Step is generally offered on first and third Sundays.

## Our next orientation takes place: Today!

Meet us in the front of the Sanctuary immediately after the service. Find out more about our community in this 45-minute overview. No sign up needed. Childcare is provided during the session after the 11:15 a.m. service. **The Visiting Families Welcome Station** at the north end of the Religious Education wing has information about our Children, Youth & Family Ministries. Stop by if you are interested in learning more, or email Director of Children, Youth & Family Ministries Lauren Wyeth at: [lauren@firstuniv.org](mailto:lauren@firstuniv.org).

## CYCLE OF LIFE

If you are experiencing a crisis or transition, or celebrating a joy—please let us know. To be included in our Cycle of Life each Sunday in worship, contact Sandy DiNanni at [sandy@firstuniv.org](mailto:sandy@firstuniv.org) or 612-825-1701. If you would like support, contact the church office or Rev. Ruth MacKenzie at 612-825-1701 or any member of our Pastoral Visitor Team.

## HELPFUL INFORMATION

**Hearing devices** are available; please ask an usher. **Cushions** are available for the pews and are located next to the sound booth and at the entrance to the Sanctuary. Please return them to their home after the service. We also have **fragrance-free rows** marked in the balcony. **For more info**, stop by our Information Center in the Social Hall downstairs, call 612-825-1701, or visit our website: [firstuniversalistchurch.org](http://firstuniversalistchurch.org).

## OFFERING PLATE

Recent offering plates from Sunday Service:

- 10/28 International Institute of Minnesota \$1,249.51
- 11/4 Habitat for Humanity \$1,467.81
- 11/11 First Universalist Church \$2,957.50

Know a charitable organization that shares our commitment to justice and equity? Nominate an offering recipient: [firstuniversalistchurch.org/offering-plate](http://firstuniversalistchurch.org/offering-plate).

## Text to Give

To make a donation to the offering plate via credit card, use your smartphone to text **firstuniv** to **73256**. You'll receive a link to a secure form where you can enter your info. You may also use the Square Cash app using our cash tag, \$firstuniv. Thank you for your generosity!

## GET OUR NEWSLETTER

*The Weekly Liberal*, our email newsletter, is published on Thursdays. Subscribe at: [firstuniversalistchurch.org/the-weekly-liberal](http://firstuniversalistchurch.org/the-weekly-liberal)

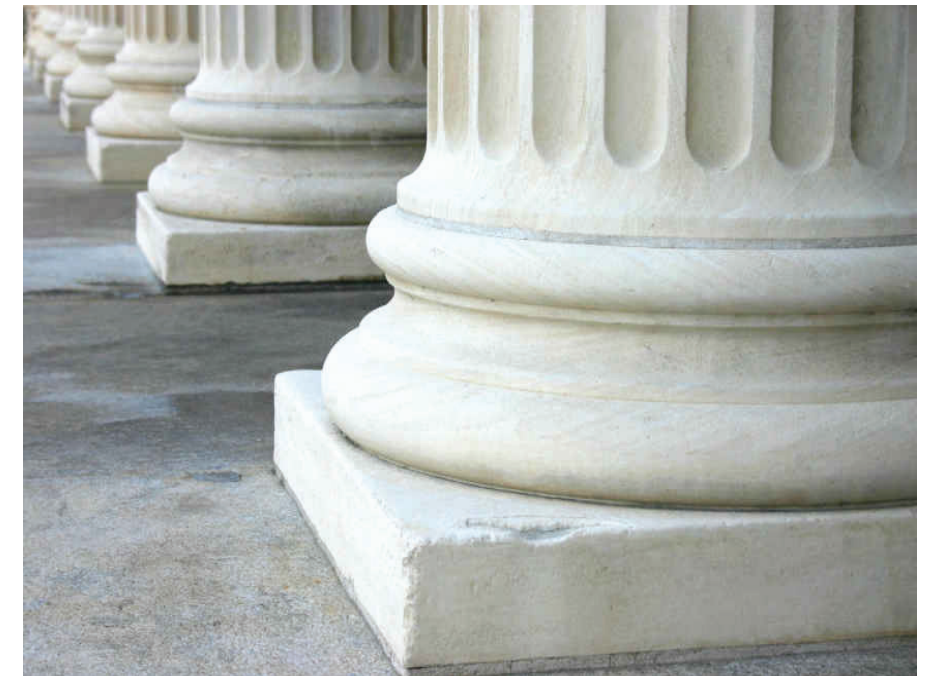
## CONGREGATIONAL CARE

### Home Chore Help

If you would like help with simple tasks—changing filters, light bulbs, installing window air conditioners, etc., chores that don't require professional expertise—contact Mary Ellison, [maryellison2491@comcast.net](mailto:maryellison2491@comcast.net).



*In the Universalist spirit of love and hope,  
we give, receive, and grow.*



NOVEMBER WORSHIP THEME: NON-NEGOTIABLES

# WHOLE, HOLY, AND WORTHY

REV. JEN CROW

NOVEMBER 18, 2018

*We welcome, affirm, and protect the light in each human heart; we listen deeply to where love is calling us next; and we act with humility, bravery, and compassion in service to justice. We do all this as a faith community committed to racial justice.*

## Music for Gathering

Franco Holder

## Words of Welcome

Rev. Karen Hutt

## Bellsound

## Prelude

*The Snow of Yesterday* (Inspired by Haiku of Gozan)  
- Karl Jenkins, arr. Jeremy Allen

The snow of yesterday  
that fell like cherry blossoms  
is water once again

- Gozan

## Call to Worship

Suzan Klein

## Opening Hymn #1053 (Please rise in body or spirit)

*How Could Anyone*

## Lighting the Chalice

Love is the spirit of this church  
And service is its law.  
This is our great covenant:  
To dwell together in peace,  
To seek the truth in love,  
And to help one another.

- James V. Blake

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## Musical Interlude

Franco Holder

## Silence

## Cycle of Life

Rev. Karen Hutt

## Hymn of Prayer #123 (Please remain seated)

*Spirit of Life*

Spirit of life, come unto me,  
Sing in my heart all the stirrings of compassion  
Blow in the wind, rise in the sea:  
Move in the hand, giving life the shape of justice.  
Roots hold me close. Wings set me free.  
Spirit of Life, come to me. Come to me.

- Carolyn McDade

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## Welcoming in Joy

## Reading

*We Are of a Tribe*  
- Alberto Ríos

Rev. Jen Crow

## Anthem

*We Are the Voices*  
- Jim Papoulis

First Universalist Choir  
Dr. Randal Buikema

In every heart there is a place,  
a place that shows us who we are;  
in every heart there is a place that  
finally I can see.  
If I hear my heart I will know it's true,  
if I listen when it calls.  
In every heart there is a place that  
finally I can see.  
Look around and you will see it.  
The time has come for you to see.

I know who I am.  
I am breathing the fire of my soul.  
I am breathing who I am inside.  
I can feel the fire in my soul.  
Look around and you will see it.  
The time has come for you to see.

- Inspired by the Cincinnati Children's  
Choir

We are the voices and we will be heard  
finding a voice that will free us.  
We are the voices and we will be heard  
as we finally see who we are.  
Only what we feel,  
there is only one way we can be,  
and that is standing up for who we are  
inside.  
We stand up tall so we can feel the  
unity of who we are inside.  
We feel a way to see who we are.

## Sermon

*Whole, Holy, and Worthy*

Rev. Jen Crow

## Offertory

*Now as a Spirit*  
- Karl Jenkins, arr. Jeremy Allen

Franco Holder

## Closing Hymn #1014 (Please rise in body or spirit)

*Standing on the Side of Love*

## Closing Words

Rev. Jen Crow

## Blessing in Song #413

*Go Now in Peace*

## Worship Leaders

Rev. Jen Crow	Senior Co-Minister
Rev. Karen Hutt	Adjunct Minister
Suzan Klein	Worship Associate
Franco Holder	Pianist
Will Kemperman	Djembe
Dr. Randal Buikema	Director of Choral Arts
First Universalist Choir	
Marina Guin	9:30 A.M. Chalice Lighter
Deirdra Andrews	11:15 A.M. Chalice Lighter

## Chancel Flowers

Today's flowers were donated in celebration of Marion Dane Bauer's 80th Birthday. They were arranged by Meredith Sims of the Visual Arts Committee.

## Offering: Simpson Housing Services

Simpson Housing Services' mission is to house, support and advocate for people experiencing homelessness. Simpson Housing Services began as an emergency overnight shelter in the basement of Simpson United Methodist Church in 1982. Simpson has since become a leading nonprofit providing assistance to people experiencing homelessness. In response to unmet community needs, their programs have grown to include emergency shelter, single adult supportive housing, and family supportive housing. Simpson Housing works across the metro area, partnering with landlords and developers to find affordable housing for all families and individuals. At any given time, they provide supportive services to 100 individuals and 210 families with over 500 children. Simpson Housing Services is one of First Universalist's six Faithful Action Partners.

## November Worship Theme: Non-Negotiables

What cannot be bought or sold, traded or transferred in your life? What is sacred? What convictions are sunk deep in the heart of this faith community, like footings on which a foundation can be laid and a structure built? Many of our Unitarian and Universalist ancestral mothers and fathers sacrificed much for their convictions, their non-negotiables: that hell was a fiction, joy was our birthright, and justice was our calling so that heaven might take root on earth. Rev. David Bumbaugh says it this way: "If we are to be the religious movement some of us dreamed...if we are to respond to the needs of the world from a liberal religious basis, it is critical that we be able to address and answer three central questions: What do we believe? Whom do we serve? To whom or what are we responsible?" This month we ask ourselves: what are the non-negotiables to living a whole and holy life, as individuals and as a religious tradition?