



GET CONNECTED

THIS AFTERNOON: MINDFUL DIRECT ACTION TRAINING

What does it look like to answer moral injustice with mindful/prayerful direct action? Today from 1-6 p.m. in the sanctuary, you're invited to take part in an introductory training to the skills needed to spiritually ground ourselves and defend our communities. This training will combine mindfulness techniques to reflect on your spiritual calling to act, to practice de-escalation during protests, and to organize for inclusive direct action. Organized by Minnesota Interfaith Power and Light.

DAYTIME CONNECTIONS: FIELD TRIP!

Join our Daytimers for an informal field trip to the Minnesota History Center in St. Paul on Thursday, Nov. 15. Remember 1968? It's brought back in sharp focus in the acclaimed show "1968." Interested in our Somali neighbors? Check out the "Somali + Minnesota" show. Afterwards, meet in the cafeteria to reminisce and discuss. Meet at the center at 11 a.m. or carpool. Admission is \$10. To register, contact Sandy DiNanni at sandy@firstuniv.org or 612-825-1701.

UNDERSTANDING MIGRATION: HARVEST OF EMPIRE FILM & DISCUSSION

Understanding the role of U.S. military interventions around the world is key to understanding migration. Join our Sanctuary and Resistance team on Saturday, Nov. 17, 1-3:30 p.m., to watch the 2012 film *Harvest of Empire*. The film takes an unflinching look at the role of U.S. corporate and political interests in triggering the waves of migration. After the film we will hear directly from those who have migrated and discuss our roles in resisting the injustices in the immigration systems.

OWL FOR YOUNG ADULTS

First Universalist is pleased to offer OWL - Our Whole Lives Lifespan Sexuality Education - for young adults this fall/winter! This program provides a framework and tools for discussing and learning about sexuality, bodies, health, identity, relationships, and more, and is inclusive for all genders and sexual orientations. There is a kickoff session on Saturday, Nov. 17, noon-4 p.m. The group will then meet from 6:30-8:30 p.m. on Thursdays, Nov. 29, Dec. 6 & 13, Jan. 3, 10, 17, 24 & 31. Facilitated by Magi Korder and Nancy Sims. To register, contact Sandy DiNanni at sandy@firstuniv.org or 612-825-1701 by Monday, Nov. 12.

GLOBAL GIFT FAIR IS SUNDAY, NOV. 25

On Sunday, Nov. 25, the Global Gift Fair will be held from 9 a.m. to 1 p.m. in the Social Hall. We will have 6 participating vendors: **Books for Bassodawish** features handmade items from Tanzania. **Mano a Mano** is a UU initiated program that sells handmade clothes in Bolivia. **SAYSM or Under One Roof** will again bring handmade linens and goods by women who are new citizens. **Nawang** represents Tibet imports including bells, bowls and winter wear. **Frybread** serves at-risk youth in the community and has an assortment of wearables, jewelry and decor with Native American roots. This year she is also bringing food from the Red Lake Nation. **Honor the Earth** is representing White Earth Reservation and will have products to sell that promote clean water and protecting Mother Earth. Come and join us!



WELCOME

At First Universalist Church, in the spirit of love and hope, we give, receive, and grow. We welcome, affirm, and protect the light in each human heart; we listen deeply to where love is calling us next; and we act with humility, bravery, and compassion in service to justice. We do all this as a faith community committed to racial justice. These spiritual practices and commitments are the ways we move in rhythm with the great love that is alive in the world.

Are You Visiting?

Come to First Step, a brief orientation to First Universalist Church and Unitarian Universalism. First Step is generally offered on first and third Sundays.

Our next orientation takes place: Sunday, Nov. 18

Meet us in the front of the Sanctuary immediately after the service. Find out more about our community in this 45-minute overview. No sign up needed. Childcare is provided during the session after the 11:15 a.m. service. **The Visiting Families Welcome Station** at the north end of the Religious Education wing has information about our Children, Youth & Family Ministries. Stop by if you are interested in learning more, or email Director of Children, Youth & Family Ministries Lauren Wyeth at: lauren@firstuniv.org.

CYCLE OF LIFE

If you are experiencing a crisis or transition, or celebrating a joy—please let us know. To be included in our Cycle of Life each Sunday in worship, contact Sandy DiNanni at sandy@firstuniv.org or 612-825-1701. If you would like support, contact the church office or Rev. Ruth MacKenzie at 612-825-1701 or any member of our Pastoral Visitor Team.

HELPFUL INFORMATION

Hearing devices are available; please ask an usher. **Cushions** are available for the pews and are located next to the sound booth and at the entrance to the Sanctuary. Please return them to their home after the service. We also have **fragrance-free rows** marked in the balcony. **For more info**, stop by our Information Center in the Social Hall downstairs, call 612-825-1701, or visit our website: firstuniversalistchurch.org.

OFFERING PLATE

Recent offering plates from Sunday Service:

- 10/21 Ginew/Golden Eagle Program \$1,025.71
- 10/28 International Institute of Minnesota \$1,249.51
- 11/4 Habitat for Humanity \$1,467.81

Know a charitable organization that shares our commitment to justice and equity? Nominate an offering recipient: firstuniversalistchurch.org/offering-plate.

Text to Give

To make a donation to the offering plate via credit card, use your smartphone to text **firstuniv** to **73256**. You'll receive a link to a secure form where you can enter your info. You may also use the Square Cash app using our cash tag, \$firstuniv. Thank you for your generosity!

GET OUR NEWSLETTER

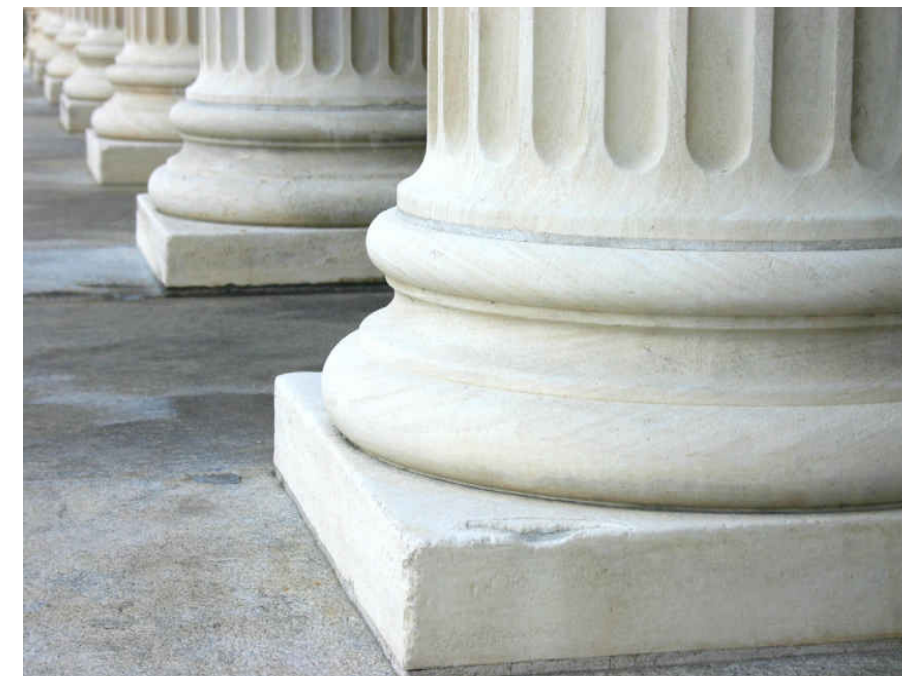
The Weekly Liberal, our email newsletter, is published on Thursdays. Subscribe at: firstuniversalistchurch.org/the-weekly-liberal

CONGREGATIONAL CARE Need a Ride?

We can help with at least one week's notice. Contact Anne McBean at 612-388-0660 or mcbea001@yahoo.com if you need help with a ride or would like to offer a ride to a congregant.



*In the Universalist spirit of love and hope,
we give, receive, and grow.*



NOVEMBER WORSHIP THEME: NON-NEGOTIABLES

AND ISN'T THAT ENOUGH?

REV. JUSTIN SCHROEDER

NOVEMBER 11, 2018

We welcome, affirm, and protect the light in each human heart; we listen deeply to where love is calling us next; and we act with humility, bravery, and compassion in service to justice. We do all this as a faith community committed to racial justice.

Music for Gathering

Soul Band

Words of Welcome

Rev. Elaine Aron Tenbrink

Bellsound

Prelude

Woodstock
- Joni Mitchell

Soul Band

Call to Worship

Daryn Woodson

Opening Hymn #1040 (Please rise in body or spirit)

Hush

Lighting the Chalice

Love is the spirit of this church
And service is its law.
This is our great covenant:
To dwell together in peace,
To seek the truth in love,
And to help one another.

- James V. Blake

(Reprinted with permission by the UUA)

Musical Interlude

Franco Holder

New Member Welcome

Silence

Cycle of Life

Rev. Elaine Aron Tenbrink

Hymn of Prayer #123 (Please remain seated)

Spirit of Life

Spirit of life, come unto me,
Sing in my heart all the stirrings of compassion
Blow in the wind, rise in the sea:
Move in the hand, giving life the shape of justice.
Roots hold me close. Wings set me free.
Spirit of Life, come to me. Come to me.

- Carolyn McDade

(Reprinted with permission by the UUA)

Welcoming in Joy

Soul Band

Reading

The New National Anthem
- Ada Limón

Rev. Justin Schroeder

Musical Offering

People Get Ready/One Love
- Curtis Mayfield/Bob Marley

Soul Band

Sermon

And Isn't That Enough?

Rev. Justin Schroeder

Offertory

Save the Country
- Laura Nyro, arr. Billy Childs

Soul Band

Closing Hymn (Please rise in body or spirit)

Goin' On
- Ruth MacKenzie

There's a moral revolution goin' on, goin' on.
There's a moral revolution goin' on.
(Repeat)

We will do much more than pray we will work for it everyday.
There's a moral revolution goin' on, goin' on.

There's a racial justice movement...
There's an immigration issue...
There's an eco-justice movement...
We will bend the arc toward justice, goin' on, goin' on...

Closing Words

Rev. Justin Schroeder

Blessing in Song #413

Go Now in Peace

Worship Leaders

Rev. Justin Schroeder	Senior Co-Minister
Rev. Elaine Aron Tenbrink	Minister
Rev. Ruth MacKenzie	Minister
Daryn Woodson	Worship Associate
Zoe Olson	9:30 A.M. Chalice Lighter
Niigan Andrews	11:15 A.M. Chalice Lighter

Hymn Leaders

Jason Berry, Madeline Bierbaum, Sam Christenson, Lexi Lee, Maya Lee

Soul Band

Franco Holder, Miguel Hurtado, Dean Magraw, Ted Olsen

Chancel Flowers

Today's flowers were arranged by Rita Franchett of the Visual Arts Committee.

Offering: First Universalist Church

One hundred percent of today's offering will support First Universalist Church and our ministries, including such efforts as our Soul Band (playing today), Beloved Conversations: A Curriculum for Exploring the Role of Race/Ethnicity in Individual and Congregational Lives, paying all of our adult employees a living wage of at least \$15 per hour, and making sure that our Religious Education Programming is accessible to all (we don't charge any additional fees). Your offering today helps us further our efforts to be a beacon of love, hope, and justice in our community. Thank you!

Soul Band

The Soul Band is led by Dean Magraw, a guitarist, composer, arranger, and producer unique in his ability to rise to the highest level of musical expression; drummer Miguel Hurtado who graduated from the Manhattan School of Music in spring 2010, and returned to the Twin Cities and the local jazz scene; Ted Olsen who studied bass and composition at Luther College and University of Northern Colorado, and has taught and performed as leader and sideman with various bands throughout the Twin Cities; and Franco Holder, who serves as the pianist for First Universalist Church while also pursuing a wide and varied career as collaborator on performances for the Schubert Club, Kenwood Symphony Orchestra, and is the Head Accompanist for the St. Paul Ballet.

November Worship Theme: Non-Negotiables

What cannot be bought or sold, traded or transferred in your life? What is sacred? What convictions are sunk deep in the heart of this faith community, like footings on which a foundation can be laid and a structure built? Many of our Unitarian and Universalist ancestral mothers and fathers sacrificed much for their convictions, their non-negotiables: that hell was a fiction, joy was our birthright, and justice was our calling so that heaven might take root on earth. Rev. David Bumbaugh says it this way: "If we are to be the religious movement some of us dreamed...if we are to respond to the needs of the world from a liberal religious basis, it is critical that we be able to address and answer three central questions: What do we believe? Whom do we serve? To whom or what are we responsible?" This month we ask ourselves: what are the non-negotiables to living a whole and holy life, as individuals and as a religious tradition?