



GET CONNECTED

PATHWAY TO MEMBERSHIP

Is First Universalist feeling like your spiritual home? Join us for Pathway to Membership on Sundays, Nov. 11 & 18, 1-3 p.m.! This new member class explores Unitarian Universalism, the history and mission of this congregation, and the experience of membership. Participants are invited to share and reflect on their own spiritual journeys and values. We ask that all those who wish to become members take this class. We'd love to welcome you as a new member! To register, contact Sandy DiNanni at sandy@firstuniv.org or 612-825-1701.

NOV. 4 CHILD DEDICATION: SIGN UP DEADLINE IS TODAY

During the Child Dedication ritual, the congregation pledges itself to partner with and support parents and families in the religious upbringing of the child. Child Dedications take place during Sunday worship services twice a year – this year on Nov. 4 and May 12. Infants and children of members and those on the path to membership at First Universalist Church may be dedicated. Learn more and sign up online by today at <http://firstuniversalistchurch.org/child-dedication/>.

DAYLIGHT SAVING TIME ENDS NOV. 4

Don't forget to "Fall Back" next weekend! Daylight Saving Time ends on Sunday, Nov. 4 at 2 a.m. Set your clocks back before bed on Saturday to get that extra hour of sleep and make sure you're not an hour early to church. See you next Sunday!

MORAL WITNESS AT IMMIGRATION COURT THIS TUESDAY, 7 P.M.

Join us for an evening of learning and reflection on the Immigration Court Observation Project, featuring Michele Garnett McKenzie, Deputy Director of The Advocates for Human Rights, and a panel of court observers. Learn about the racist underpinnings of U.S. immigration policy throughout history and the role of court observers in bringing witness, transparency and accountability to immigration court. All are welcome! Free; please RSVP at: <https://immigrationcourtoobserver.eventbrite.com>.

NEW: YOUNG ADULTS LUNCHES ON 1ST & 3RD SUNDAYS

Are you in your 20s or 30s? Join the First Universalist Young Adults groups on the 1st and 3rd Sunday of every month for lunch and conversation after the 11:15 a.m. service. Our next lunch will take place on Sunday, Nov. 4. Meet at 12:45 p.m. at the information desk in the Social Hall before we head out. If you have any questions or would like to learn more about how you can be involved with the young adult community, email Molly Work at mollywork88@gmail.com. Friends are always welcome!

OPEN HEARTS AND SPIRITUAL CARE

We know that worship takes us into deep and surprising places. If you find yourself needing to talk with someone about what is stirring for you on a Sunday morning, please speak with one of our pastoral visitors sitting in the narthex during and after the service. This is how we care for one another.



WELCOME

At First Universalist Church, in the spirit of love and hope, we give, receive, and grow. We welcome, affirm, and protect the light in each human heart; we listen deeply to where love is calling us next; and we act with humility, bravery, and compassion in service to justice. We do all this as a faith community committed to racial justice. These spiritual practices and commitments are the ways we move in rhythm with the great love that is alive in the world.

Are You Visiting?

Come to First Step, a brief orientation to First Universalist Church and Unitarian Universalism. First Step is generally offered on first and third Sundays.

Our next orientation takes place: Sunday, Nov. 4

Meet us in the front of the Sanctuary immediately after the service. Find out more about our community in this 45-minute overview. No sign up needed. Childcare is provided during the session after the 11:15 a.m. service.

The Visiting Families Welcome Station at the north end of the Religious Education wing has information about our Children, Youth & Family Ministries. Stop by if you are interested in learning more, or email Director of Children, Youth & Family Ministries Lauren Wyeth at: lauren@firstuniv.org.

CYCLE OF LIFE

If you are experiencing a crisis or transition, or celebrating a joy—please let us know. To be included in our Cycle of Life each Sunday in worship, contact Sandy DiNanni at sandy@firstuniv.org or 612-825-1701. If you would like support, contact the church office or Rev. Ruth MacKenzie at 612-825-1701 or any member of our Pastoral Visitor Team.

HELPFUL INFORMATION

Hearing devices are available; please ask an usher. **Cushions** are available for the pews and are located next to the sound booth and at the entrance to the Sanctuary. Please return them to their home after the service. We also have **fragrance-free rows** marked in the balcony. **For more info**, stop by our Information Center in the Social Hall downstairs, call 612-825-1701, or visit our website: firstuniversalistchurch.org.

OFFERING PLATE

Recent offering plates from Sunday Service:

- 9/23 First Universalist Church \$2,412.40
- 9/30 Metro Urban Indian Directors \$2,001.13
- 10/7 Mental Health Connect \$1,334.97

Know a charitable organization that shares our commitment to justice and equity? Nominate an offering recipient: firstuniversalistchurch.org/offering-plate.

Text to Give

To make a donation to the offering plate via credit card, use your smartphone to text **firstuniv** to **73256**. You'll receive a link to a secure form where you can enter your info. You may also use the Square Cash app using our cash tag, \$firstuniv. Thank you for your generosity!

GET OUR NEWSLETTER

The Weekly Liberal, our email newsletter, is published on Thursdays. Subscribe at: firstuniversalistchurch.org/the-weekly-liberal

CONGREGATIONAL CARE

New Child Welcome

For a visit from our welcome team, contact Sara McMullen at saramcminneapolis@gmail.com or Sara McLoone at sjmclloone@gmail.com.



*In the Universalist spirit of love and hope,
we give, receive, and grow.*



OCTOBER WORSHIP THEME: WELCOMING IN JOY

THE BOUNDARIES OF OUR HEARTS

REV. JEN CROW

OCTOBER 28, 2018

We welcome, affirm, and protect the light in each human heart; we listen deeply to where love is calling us next; and we act with humility, bravery, and compassion in service to justice. We do all this as a faith community committed to racial justice.

Music for Gathering

Violin Sonata No. 1 in D major, Allegro con brio
- Ludwig van Beethoven

Mikki Johnston

Words of Welcome

Rev. Elaine Aron Tenbrink

Prelude

Salut d'Amour
- Sir Edward Elgar

Mikki Johnston

Call to Worship

Emily Murphrey

Opening Hymn #323 (Please rise in body or spirit)

Break Not the Circle

Lighting the Chalice

Love is the spirit of this church
And service is its law.
This is our great covenant:
To dwell together in peace,
To seek the truth in love,
And to help one another.

- James V. Blake

(Reprinted with permission by the UUA)

Musical Interlude

Franco Holder

Silence**Cycle of Life**

Rev. Elaine Aron Tenbrink

Hymn of Prayer #123 (Please remain seated)

Spirit of Life

Spirit of life, come unto me,
Sing in my heart all the stirrings of compassion
Blow in the wind, rise in the sea:
Move in the hand, giving life the shape of justice.
Roots hold me close. Wings set me free.
Spirit of Life, come to me. Come to me.

- Carolyn McDade

(Reprinted with permission by the UUA)

Welcoming in Joy**Reading**

*God Is at Work Enlargening
the Boundaries of My Heart...*
- Rev. Howard Thurman

Rev. Jen Crow

Musical Offering

Theme from Schindler's List
- John Williams

Mikki Johnston

Sermon

The Boundaries of Our Hearts

Rev. Jen Crow

Offertory

Violin Sonata No. 1 in G minor, BWV 1001, Presto
- J. S. Bach

Mikki Johnston

Closing Hymn #347 (Please rise in body or spirit)

Gather the Spirit

Closing Words

Rev. Jen Crow

Blessing in Song #413

Go Now in Peace

Worship Leaders

| | |
|---------------------------|----------------------------|
| Rev. Jen Crow | Co-Senior Minister |
| Rev. Elaine Aron Tenbrink | Minister |
| Emily Murphrey | Worship Associate |
| Franco Holder | Pianist |
| Mikki Johnston | Violinist |
| Allison Carberry | 9:30 A.M. Chalice Lighter |
| Rasana Mamdani | 11:15 A.M. Chalice Lighter |

Chancel Flowers

Today's flowers were arranged by Mary Johnson of the Visual Arts Committee.

Offering: International Institute of Minnesota

The International Institute of Minnesota (IIM) seeks to help New Americans achieve self-sufficiency and full participation in American life with innovative programs to meet the changing needs of Minnesota's immigrants. It provides guidance and resources to some of the most vulnerable people among us, of diverse backgrounds, to achieve personal and financial security and well-being. IIM provides resettlement of new refugees, free English classes, job training, personal finance coaching and workshops, and citizenship classes. Funds from the offering plate will be used to help fill the gap left by the loss of State Department funds.

About Today's Musical Guest

Mikki Johnston is a local freelance violinist who loves to share the joy of music with her audiences. She studied with Sally O'Reilly at the University of Minnesota where she received her masters degree. She has also been inspiring developing artists through her teaching for over a decade.

October Worship Theme: Welcoming in Joy

“Let mutual love continue. Do not neglect to show hospitality to strangers, for by doing that some have entertained angels without knowing it (Hebrews 13:1-2).” One of the common messages of the world's religions is the practice of radical hospitality, to move beyond the natural inclination to distrust, and instead, welcome. When we extend a hand on a Sunday morning, when we hold curiosity and wonder in our exchanges, when we view one another as Thou, a whole and holy human being with dreams, loves, and agency, we make room for the divine to enter and be within our midst. As a church committed to racial justice, we name the frameworks that hinder belonging, that constrict our humanity, and wound the soul. This month, we affirm and welcome the light in each human heart and commit ourselves to welcoming in joy.