GET CONNECTED

ART SALE TODAY

In an effort to Reduce, Reuse, and Recycle, the Visual Arts Committee is offering you an opportunity to purchase fabrics, vases, holiday décor, art prints and more from our collection. Cash or checks only. Stop by the social hall stage before or after services today!

MIRRORS OF PRIVILEGE

"Mirrors of Privilege: Making Whiteness Visible" is a film featuring stories from white men and women on overcoming unconscious racism and entitlement. After viewing the film, discussion will be facilitated by Polly Talen. This is a drop-in event. Offered on Sunday, Oct. 21, 1–2:45 p.m. and Tuesday, Oct. 23, 7–8:45 p.m.

12-STEP SPIRITUALITY: CENTERING PRAYER MEDITATION

New this year at First Universalist! These drop-in sessions are designed for those actively working a 12 Step program, as well as those wanting to explore & deepen their spirituality through meditation. Each session includes Centering Prayer meditation instruction, two 20-minute Centering Prayer sessions, reading from 12 Step literature, and presenters sharing personal experiences and sharing on selected topics. This month, the group meets on Saturday, Oct. 20, 9 a.m. to noon in the social hall.

OPEN HEARTS AND SPIRITUAL CARE

We know that worship takes us into deep and surprising places. If you find yourself needing to talk with someone about what is stirring for you on a Sunday morning, please speak with one of our pastoral visitors sitting in the narthex during and after the service. This is how we care for one another.

RACIAL JUSTICE AND OUR UU FAITH

Racial Justice and Our UU Faith is a regularly offered workshop that we encourage every member of our congregation to take. Please join us to explore a framework and tools for understanding race, racism, and whiteness and the spiritual imperative that drives our racial justice work. It's a two-part workshop next offered on Saturdays, Oct. 27 & Nov. 3, 9:30–11:30 a.m. To register, contact Sandy at sandy@firstuniv.org or 612-825-1701.

DAYTIME CONNECTIONS: How To Cook a Wolf

At 11 a.m. on third Thursdays, October–May, Daytime Connections offers a two-hour program on a topic specially geared towards older adults, followed by lunch. On Thursday, Oct. 18, the program is: "How to Cook a Wolf." Learn how to reduce or eliminate "the wolf of fear"! Motivational speaker Jennifer Fernjack will share how emotional grit helped her conquer the biggest challenge of her life. RSVP to Sandy at sandy@firstuniv.org or 612-825-1701.

"Voting Our Values" County Sherriff and County Attorney Voter Info Session Today

The 1st U Voter Engagement team, along with the Sanctuary & Resistance Committee, invite you to join us for a brief, 20-minute voter education/ engagement presentation in the sanctuary immediately following both the 9:30 and 11:15 a.m. services. This is in collaboration with our Faithful Action Partner ISAIAH's interfaith efforts to connect our faith values with our civic and social justice actions.

WELCOME

At First Universalist Church, in the spirit of love and hope, we give, receive, and grow. We welcome, affirm, and protect the light in each human heart; we listen deeply to where love is calling us next; and we act with humility, bravery, and compassion in service to justice. We do all this as a faith community committed to racial justice. These spiritual practices and commitments are the ways we move in rhythm with the great love that is alive in the world.

OF MINNEAPOLIS

FIRST UNIVERSALIST CHURCH

Are You Visiting?

Come to First Step, a brief orientation to First Universalist Church and Unitarian Universalism. First Step is generally offered on first and third Sundays.

Our next orientation takes place: Sunday, Oct. 21

Meet us in the front of the Sanctuary immediately after the service. Find out more about our community in this 45-minute overview. No sign up needed. Childcare is provided during the session after the 11:15 a.m. service. The Visiting Families Welcome Station at the north end of the Religious Education wing has information about our Children, Youth & Family Ministries. Stop by if you are interested in learning more, or email Director of Children, Youth & Family Ministries Lauren Wyeth at: lauren@firstuniv.org.

CYCLE OF LIFE

If you are experiencing a crisis or transition, or celebrating a joy—please let us know. To be included in our Cycle of Life each Sunday in worship, contact Sandy DiNanni at sandy@firstuniv.org or 612-825-1701. If you would like support, contact the church office or Rev. Ruth MacKenzie at 612-825-1701 or any member of our Pastoral Visitor Team.

HELPFUL INFORMATION

Hearing devices are available; please ask an usher. Cushions are available for the pews and are located next to the sound booth and at the entrance to the Sanctuary. Please return them to their home after the service. We also have fragrance-free rows marked in the balcony. For more info, stop by our Information Center in the Social Hall downstairs, call 612-825-1701, or visit our website: firstuniversalistchurch.org.

OFFERING PLATE

Recent offering plates from Sunday Service:

9/2 Ready Set Smile \$282.009/9 Perspectives \$1,611.52

9/16 Beacon Interfaith Housing Collaborative \$1,144.41

Know a charitable organization that shares our commitment to justice and equity? Nominate an offering recipient: firstuniversalistchurch.org/offering-plate.

Text to Give

To make a donation to the offering plate via credit card, use your smartphone to text **firstuniv** to **73256**. You'll receive a link to a secure form where you can enter your info. You may also use the Square Cash app using our cash tag, \$firstuniv. Thank you for your generosity!

GET OUR NEWSLETTER

The Weekly Liberal, our email newsletter, is published on Thursdays. Subscribe at: firstuniversalistchurch.org/the-weekly-liberal

CONGREGATIONAL CARE Comfort Shawls

Do you like to knit? Contact Pat Foulkes, pfoulkes@hotmail.com, for directions for the comfort shawls that we distribute to congregants in times of need. If you know somebody who is in need of a Comfort Shawl; contact Susan Schonfeld at susanwschonfeld@gmail.com or Mary Ellison at maryellison2491@comcast.net.



FIRST UNIVERSALIST CHURCH OF MINNEAPOLIS

In the Universalist spirit of love and hope, we give, receive, and grow.



OCTOBER WORSHIP THEME: WELCOMING IN JOY

Longing for Belonging

REV. JEN CROW

OCTOBER 14, 2018

We welcome, affirm, and protect the light in each human heart; we listen deeply to where love is calling us next; and we act with humility, bravery, and compassion in service to justice. We do all this as a faith community committed to racial justice.

Music for Gathering Hymn of Prayer #123 (Please remain seated) Franco Holder *Spirit of Life* Spirit of life, come unto me, **Words of Welcome** Rev. Ruth MacKenzie Sing in my heart all the stirrings of compassion Blow in the wind, rise in the sea: Move in the hand, giving life the shape of justice. Roots hold me close. Wings set me free. Prelude Ellis Delaney Spirit of Life, come to me. Come to me. What Makes You Happy? - Ellis Delaney - Carolyn McDade (Reprinted with permission by the UUA) Call to Worship Drew Rosielle Welcoming in Joy Opening Hymn #131 (Please rise in body or spirit) Love Will Guide Us Reading Rev. Jen Crow Meeting the Light Completely - Jane Hirschfield Lighting the Chalice Love is the spirit of this church **Musical Offering** Ellis Delaney And service is its law. This is our great covenant: Better Angels To dwell together in peace, - Ellis Delaney To seek the truth in love, And to help one another. - James V. Blake Sermon Rev. Jen Crow (Reprinted with permission by the UUA) Longing for Belonging **Musical Interlude** Franco Holder Offertory Ellis Delaney Everybody Wants to Be Loved - Ellis Delaney Silence Closing Hymn #134 (Please rise in body or spirit) Cycle of Life Our World Is One World Rev. Ruth MacKenzie **Closing Words** Rev. Jen Crow Blessing in Song #413 Go Now in Peace

Worship Leaders

Rev. Jen Crow Senior Co-Minister

Rev. Ruth MacKenzie Minister

Drew Rosielle Worship Associate
Ellis Delaney Musical Guest

Franco Holder Pianist

Georgia Guin 9:30 A.M. Chalice Lighter Rasana Mamdani 11:15 A.M.Chalice Lighter

Chancel Flowers

Today's flowers were arranged by Emily Jaques of the Visual Arts Committee.

Offering: First Universalist Church

One hundred percent of today's offering will support First Universalist Church and our ministries, including such efforts as our Soul Band (playing today), Beloved Conversations: A Curriculum for Exploring the Role of Race/Ethnicity in Individual and Congregational Lives, paying all of our adult employees a living wage of at least \$15 per hour, and making sure that our Religious Education Programming is accessible to all (we don't charge any additional fees). Your offering today helps us further our efforts to be a beacon of love, hope, and justice in our community. Thank you!

About Today's Musical Guest

A winner of several awards and honors, Ellis has been recognized both for her songwriting skills as well as her engaging performances. Many folk festivals have "audience choice" awards, and Ellis has claimed those honors at Falcon Ridge Folk Festival, Moab Folk Festival (3 times!), and Sisters Folk Festival. She also won the Grassy Hill Kerrville New Folk Contest, the midwest region of the Mountain Stage New Song Contest and the award for the Just Plain Folks (International) Best Female Singer Songwriter Album. She has appeared on *A Prairie Home Companion*. Ellis and her family are members of First Universalist Church.

October Worship Theme: Welcoming in Joy

"Let mutual love continue. Do not neglect to show hospitality to strangers, for by doing that some have entertained angels without knowing it (Hebrews 13:1-2)." One of the common messages of the world's religions is the practice of radical hospitality, to move beyond the natural inclination to distrust, and instead, welcome. When we extend a hand on a Sunday morning, when we hold curiosity and wonder in our exchanges, when we view one another as Thou, a whole and holy human being with dreams, loves, and agency, we make room for the divine to enter and be within our midst. As a church committed to racial justice, we name the frameworks that hinder belonging, that constrict our humanity, and wound the soul. This month, we affirm and welcome the light in each human heart and commit ourselves to welcoming in joy.