

# GET CONNECTED

## TODAY! BRAVE CONVERSATIONS: INTERRUPTING SYSTEMIC BIAS AND RACISM

Do you know how to respond when a relative at the dinner table or a neighbor at a block party says something that you think is biased? At this workshop on Sunday, June 24 from 11:30 a.m. to 1:30 p.m., you will learn strategies for approaching people you are in relationship with such as family, neighbors, realtors, friends, coaches, and teachers. You will have an opportunity to learn with others who are facing the challenges of speaking up and knowing what to say. There will be time to practice responding with directness and respect.

## PATHWAY TO MEMBERSHIP CLASS

If First Universalist is feeling like your spiritual home, then we hope you'll take part in the Pathway to Membership! This new member class is a great chance to build community, explore Unitarian Universalism and our church's unique history, and learn how to get involved. This two-part class will be offered next on Sundays, Aug. 19 & 26, 11:30 a.m.–1:30 p.m. Sign up by contacting Sandy at [sandy@firstuniv.org](mailto:sandy@firstuniv.org) or 612-825-1701. Childcare is available free of charge with at least seven days advance notice.

## SAVE THE DATE: LAKE HARRIET WORSHIP

Mark your calendar for Sunday, Aug. 12 at 10 a.m. and join us for our annual outdoor worship service and potluck picnic at the Lake Harriet Bandshell! This will be our only service on this Sunday.

## FINAL WELLSPRING INFO SESSIONS: JULY 1 OR 8

Join us for an informational session to learn about Wellspring at First Universalist Church! UU Wellspring is a program of distinctly Unitarian Universalist spiritual development, offering the opportunity to learn more about ourselves and our faith through a year-long small group experience. Attendance at an info session is required if you wish to participate in Wellspring for the first time in 2018–2019. Our final two info sessions will be offered on Sunday, July 1 and Sunday, July 8, 11:30 a.m.–12:15 p.m. Come early at 11:15 for snacks and socializing!

## OPEN HEARTS AND SPIRITUAL CARE

We know that worship takes us into deep and surprising places. If you find yourself needing to talk with someone about what is stirring for you on a Sunday morning, please speak with one of our pastoral visitors sitting in the narthex during and after the service. This is how we care for one another.

99% *In*

\$1,079,844 in committed annual gifts as of 6/20/18



Annual Giving 2018–2019  
[firstuniversalistchurch.org/annual-giving](http://firstuniversalistchurch.org/annual-giving)

# WELCOME

## We are so glad you are here.

At First Universalist Church, in the spirit of love and hope, we give, receive, and grow. We welcome, affirm, and protect the light in each human heart; we listen deeply to where love is calling us next; and we act with humility, bravery, and compassion in service to justice. We do all this as a faith community committed to racial justice. These spiritual practices and commitments are the ways we move in rhythm with the great love that is alive in the world.

## CYCLE OF LIFE

If you are experiencing a crisis or transition, or celebrating a joy—please let us know. To be included in our Cycle of Life each Sunday in worship, contact Sandy DiNanni at [sandy@firstuniv.org](mailto:sandy@firstuniv.org) or 612-825-1701. If you would like support, contact the church office or Rev. Ruth MacKenzie at 612-825-1701 or any member of our Pastoral Visitor Team.

## Are You Visiting?

Come to a brief orientation to First Universalist and Unitarian Universalism.

## Our next orientation takes place: Sunday, July 1

Meet us in the front of the Sanctuary immediately after the service. Find out more about our community in this 45-minute overview. No sign up needed. Childcare is provided during the session after the 10 a.m. service.

**The Visiting Families Welcome Station** at the north end of the Religious Education wing has information about our Children, Youth & Family Ministries. Stop by if you are interested in learning more, or email Director of Children, Youth & Family Ministries Lauren Wyeth at: [lauren@firstuniv.org](mailto:lauren@firstuniv.org).

## CELEBRATING OUR GENEROSITY

Offering plates from Sunday Service:

5/20 High School Youth Trips and Programming \$757.18

5/27 Voices for Racial Justice \$365.40

6/3 EMERGE \$485.21

Know a charitable organization that shares our commitment to justice and equity? Nominate an offering recipient at: [firstuniversalistchurch.org/offering-plate](http://firstuniversalistchurch.org/offering-plate).

## New: Text to Give!

To make a donation to the offering plate via credit card, use your smartphone to text **firstuniv** to **73256**. You'll receive a link to a secure form where you can enter your information. You may also still use the Square Cash app using our cash tag, \$firstuniv. Thank you for your generosity!

## HELPFUL INFORMATION

Hearing devices are available; please ask an usher. Cushions are available for the pews and are located next to the sound booth and at the entrance to the Sanctuary. Please return them to their home after the service. We also have **fragrance-free rows** marked in the balcony. For more information, stop by our Information Center in the Social Hall downstairs, call 612-825-1701, or visit our website: [firstuniversalistchurch.org](http://firstuniversalistchurch.org).

## MEAL SUPPORT

If the ground has shifted beneath your feet, let us bring a meal or two to offer comfort and care. Whenever possible, the Congregational Care team enables congregants to provide meals for each other on a short-term basis in times of need. Contact Susan Schonfeld at [susanwschonfeld@gmail.com](mailto:susanwschonfeld@gmail.com).

## THE WEEKLY LIBERAL

*The Weekly Liberal*, our email newsletter is published on Thursdays. Subscribe at: [firstuniversalistchurch.org/the-weekly-liberal/](http://firstuniversalistchurch.org/the-weekly-liberal/).



*In the Universalist spirit of love and hope, we give, receive, and grow.*



WORSHIP THEME: EMERGENCE

# THERE IS NO SPOON: MOVING BEYOND WHITE FEAR AND GETTING TO WORK ON RACIAL JUSTICE

ERIC COOPERSTEIN

JUNE 24, 2018

*We welcome, affirm, and protect the light in each human heart; we listen deeply to where love is calling us next; and we act with humility, bravery, and compassion in service to justice. We do all this as a faith community committed to racial justice.*

## Music for Gathering

JP Douglas

## Words of Welcome

Rev. Ruth MacKenzie

## Bellsound

## Prelude

*Also sprach Zarathustra*  
- Richard Strauss

The New Universalists

## Call to Worship

Rev. Ruth MacKenzie

## Opening Hymn #1020

*Woyaya*

## Lighting the Chalice

Love is the spirit of this church  
And service is its law.  
This is our great covenant:  
To dwell together in peace,  
To seek the truth in love,  
And to help one another.

- James V. Blake

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## Musical Interlude

JP Douglas

## Silence

## Cycle of Life

Rev. Ruth MacKenzie

## Hymn of Prayer #123 (Please remain seated)

*Spirit of Life*

Spirit of life, come unto me,  
Sing in my heart all the stirrings of compassion  
Blow in the wind, rise in the sea:  
Move in the hand, giving life the shape of justice.  
Roots hold me close. Wings set me free.  
Spirit of Life, come to me. Come to me.

- Carolyn McDade

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## Readings

Eric Cooperstein

## Musical Offering

*When God Made Me*  
- Neil Young

The New Universalists

## Sermon

Eric Cooperstein

*There Is No Spoon: Moving Beyond White Fear  
and Getting to Work on Racial Justice*

## Offertory

*The Times They Are a-Changin'*  
- Bob Dylan

The New Universalists

## Closing Hymn #1007

*There's a River Flowin' Through My Soul*

## Closing Words

Rev. Ruth MacKenzie

## Blessing in Song #413

*Go Now in Peace*

## Worship Leaders

Eric Cooperstein

Guest Speaker

Rev. Ruth MacKenzie

Minister

JP Douglas

Guest Pianist

## The New Universalists

David Bach, Paul Basil, Jim Craig, Mary Helmer, Fawzia Khan, Larry LaVercombe, Charlie Mac Luepke, Keegan Robinson, Rick Riddle

## Chancel Flowers

Today's flowers were arranged by Meredith Sims of the Visual Arts Committee.

## Offering: Augsburg Fairview Academy

Young adults who face educational barriers to achievement in traditional schools are welcomed into AFA, a charter school that prepares them for college, career and life. The 140+ students come from diverse communities, including African American, Somali, and Native American. Many are homeless or marginally housed during the school year. Through an intense program of rigorous study in a teen- and family-friendly atmosphere, the dedicated and talented staff use positive, strength-based approaches to challenge and motivate students to achieve academic success and habits of mind and body that contribute to satisfaction and wellness in their lives.

## About Today's Guest Speaker

Eric Cooperstein is a long-time member of First Universalist Church. He joined the Board of Trustees in 2014 and has served as President since July 2016. Eric operates a solo law practice devoted to representing lawyers regarding legal ethics issues. Eric credits his Unitarian Universalist faith for guiding his work with his clients. Prior to opening his own law firm, Eric helped implement the settlement of a class action lawsuit by black farmers against the U.S. Department of Agriculture and worked as a staff attorney for the Legal Aid Society of Minneapolis.

## About Today's Musical Guest

The New Universalists is a new rock band made up of several members of First Universalist Church, and a couple of community friends. We welcome rock back into our worship.

## Summer Worship Theme: Emergence

We humans look at a flock of birds flying overhead, sketching awe-inspiring designs in the sky, and think the birds must be following a leader. But leadership alone has never been the full measure of history nor the full inspiration of the beauty and patterns that emerge from a community of birds in flight. In fact, the patterns we see in the sky are made by each individual bird bringing to the group its own creativity and reacting to the movement of two or three of its neighbors. It is a dance between freedom and faithful followship. Our work in community, our efforts in justice making, and patterns of right relationship emerge in the same dance between freedom (our own creativity) and faithful following (our commitment to our neighbors, community). Together we create patterns of love and justice. This summer we ask: what makes something emerge? How and when do we lead? How and when do we follow? Where and how do we place our attention? What is emerging?