GET CONNECTED

SQUARE CASH

You can now easily donate right from the pew using your phone! Download the free Square Cash app (iPhone or Android), set up your account using your debit card, and use our cashtag \$FirstUniv to make your donation (be sure to indicate "Offering Plate" in the "For" space). Offering Plate donations are tax deductible, and gifts made through Square Cash are recorded in our database. You may also donate online at cash.me/\$FirstUniv. Thank you for your generosity!

HAVE YOU FOUND YOUR SPIRITUAL HOME AT FIRST UNIVERSALIST?

Join us for The Pathway to Membership class, which explores the history of this faith tradition and this congregation, our racial justice commitment, and the experience of membership. The Pathway to Membership is required for joining the church. Our next class is a two-session experience on Sundays, Oct. 18 and 25 from 1-4 p.m.

To sign up, contact Sandy DiNanni at Sandy@firstuniv.org or 612-825-1701.

Childcare is available with at least 7 days advance notice at: http://firstuniversalistchurch.org/childcare-request-form/

THE ABOLITIONISTS VIDEO AND DISCUSSION

How did the fringe movement to abolish slavery become a force that changed a nation? Join us for an engaging viewing and discussion of "The Abolitionists," part of the acclaimed PBS series "American Experience." Led by Suzanne Hay, Kayci Rush, and Rev. Justin Schroeder, this gathering will meet in the Cummins Room on Tuesday, Oct. 13 at 7 p.m.

DAYTIME CONNECTIONS: PEACEMAKING IN THE AFTERMATH OF HIROSHIMA

Join us for a special Daytime Connections program on Thursday, Oct. 15 from 7 to 9 p.m. Church member Caren Stelson will share stories of courage by peacemakers after the bombings of Japan. Church members Welcome Jerde and Stephen Mosborg will share their stories of personal transformation after extreme losses.

Through Daytime Connections, older adults empower each other to live intentional, joyful, purposeful, and spiritually fulfilled lives. Programs include a presentation, discussion and small meal (a \$5 donation is requested for the meal). To RSVP, contact Sandy DiNanni at sandy@firstuniv.org or 612-825-1701.

FAITHFUL ACTION LEADERSHIP COUNCIL

Learn how you can get involved! On Sunday, Oct. 25, 10 a.m.-1 p.m., join us for our first Faithful Action Fair to celebrate the newly formed Faithful Action Leadership Council, meet with community social justice organizations, and learn about social and racial justice initiatives at First Universalist. Representatives from participating organizations will be on hand to share information and invite you to sign up for a variety of volunteer opportunities.





WELCOME

We are so glad you are here.

At First Universalist Church, in the spirit of love and hope, we give, receive, and grow.

We welcome, affirm, and protect the light in each human heart; we act outside of our walls; we listen to where love is calling us next. We do all this as a faith community committed to racial justice. These spiritual practices and commitments are the ways we move in rhythm with the great love that is alive in the world.

HELPFUL INFORMATION

Hearing Devices are available; please ask an usher. Cushions are available for the pews and are located next to the sound booth and at the entrance to the Sanctuary. Please return them to their home after the service. We also have Fragrance-Free rows marked in the balcony.

For more information, stop by our Information Center in the Social Hall downstairs, call 612-825-1701, or visit our website: firstuniversalistchurch.org.

Are You Visiting?

Come to a brief orientation to First Universalist and Unitarian Universalism, the 1st and 3rd Sundays of the month.

Our next orientation takes place: Oct. 18, 2015

Meet us in the front of the Sanctuary immediately after the service. Find out more about our community in this 45-minute overview. No sign up needed and coffee & childcare are provided.

The Visiting Families Welcome Station at the north end of the Religious Education wing has information about our Children, Youth & Family Ministries. Stop by if you are interested in learning more, or email Director of Children, Youth & Family Ministries Lauren Wyeth at: lauren@firstuniv.org.

CELEBRATING OUR GENEROSITY

Offering plates from Sunday Service:

9/20 Habitat for Humanity \$981.90

9/27 Honor the Earth \$1,035.95

10/4 Second Stork \$972.65

Know a charitable organization that shares our commitment to justice and equity? Nominate an offering recipient at: firstuniversalistchurch.org/ offering-plate

You can give online through the Square Cash App. Our cashtag is \$firstuniv. Thanks!

LET US KEEP YOU IN OUR THOUGHTS & PRAYERS

If you are experiencing a crisis or transition, or celebrating a joy—please let us know. To be included in our Cycle of Life each Sunday in worship, contact Sandy DiNanni at sandy@firstuniv.org or 612-825-1701.

If you would like support, contact Rev. Jen Crow (jen@firstuniv.org or 612-825-1701) or any member of our Pastoral Care Team.

NEW BABY WELCOME

Having a baby? Want to help welcome a new baby? Contact Ann Terlizzi (612 728-7232, annterlizzi@visi.com) or Jody Beresford (952 828-9977, spice777@aol.com), cochairs of our new baby welcome team.

THE WEEKLY LIBERAL

The Weekly Liberal (our email newsletter) is published on Thursdays. Subscribe at: firstuniversalistchurch.org/the-weekly-liberal/

Do you have news or information you'd like published? Fill out the submission form on our website!



FIRST UNIVERSALIST CHURCH OF MINNEAPOLIS

In the Universalist spirit of love and hope, we give, receive, and grow.



Worship Theme: Humility

Sabbath Sunday

October 11, 2015

M : 6 0 41 :		II (D #100 / 1	
Music for Gathering We're All Here	First Universalist Choir Dr. Randal Buikema	Hymn of Prayer #123 (please remain seated)	
– John Brown		Spirit of Life	
		Spirit of life, come unto me, Sing in my heart all the stirrings of compassion	
Words of Welcome	Rev. Justin Schroeder	Blow in the wind, rise in the sea:	
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	1000) 400111 0 0111 0 0 0001	Move in the hand, giving life the shape of justice.	
		Roots hold me close. Wings set me free. Spirit of Life, come to me. Come to me.	
Bellsound		-Carolyn McDade	
		(reprinted with permission by the UUA)	
Prelude	Dr. Jerrod Wendland		
		Offertory	First Universalist Choir
		How Great Thou Art – Based on traditional Swedish folk melody	Dr. Randal Buikema
Wisdom Story	Rev. Elaine Aron Tenbrink	- based on traditional swedish look inclody	
Story of the River			
		Wisdom Story	Rev. Ruth MacKenzie
Opening Hymn #347 (Please stand in b	oody or spirit)	Taxi Driver Wisdom	
Gather the Spirit			
		Musical Offering	First Universalist Choir
		<i>The Road Home</i> – Stephen Paulus	Dr. Randal Buikema
Lighting the Chalice		- Stephen Faulus	
Love is the spirit of this church			
And service is its law.		Guided Meditation with Finger Labyrinth	Rev. Justin Schroeder
This is our great covenant: To dwell together in peace,			
To seek the truth in love,		Sharing Our Discoveries	
And to help one another.		Sharing Our Discoveries	
-James V. Blake			
(reprinted with permission by the UUA)		Closing Hymn #346 (Please stand in body or spirit)	
		Come Sing a Song	
Making a Thunderstorm	Dr. Randal Buikema		
17-11-11-19 11 -11-11-11-11-11-11-11-11-11-11-11-11	Dil Rairan Dalloma		
		Closing Words	Rev. Justin Schroeder
Guided Meditation with Finger Lal	oyrinth Rev. Jen Crow		
		Blessing in Song #413	
Cilonas		Go Now in Peace	
Silence			
Cycle of Life	Rev. Justin Schroeder	Music for the Journey	Dr. Jerrod Wendland
•			

Worship Leaders

Rev. Elaine Aron Tenbrink Minister of Membership & Adult

Ministries

Rev. Jen Crow Executive Minister

Rev. Ruth MacKenzie Minister of Worship and Coming of Age

Rev. Justin Schroeder Senior Minister

Dr Jerrod Wendland Pianist

Dr. Randal Buikema Director of Choral Arts

First Universalist Choir

Luca Knych (9:30 and 11:15) Chalice Lighter

Worship Design & Coordination

Rev. Ruth MacKenzie Minister of Worship Arts

Today's Offertory and Musical Offering, *How Great Thou Art* and *The Road Home* respectively, are drawn from *The Events*, a musical theater piece that will be presented by the First Universalist Choir at the Guthrie Theater on October 30 and November 1.

Thanks to the Rev. Barbara Kellett for arranging the special labyrinth hanging.

Chancel Flowers

Today's arrangement was created by Bette DeMars of the Visual Arts Committee.

Offering: Boston Coming of Age Trip

Each year First Universalist Church takes Coming of Age youth on a pilgrimage to Boston. This trip deepens their understanding of the history and saving grace of Unitarian Universalism. This year COA youth will visit Walden Pond, and meet Henry David Thoreau (aka Richard Smith), walk the Unitarian Universalist History Trail of Boston, and sit in on a UUA Board of Trustees meeting as they take up the item of Actions of Immediate Witness in support of Black Lives Matter and to work towards making police and prison abolition a tangible presence in America. Please give generously to help our youth make this important pilgrimage for their faith development.

October Worship Theme: Humility

Three treasures of human existence are outlined in the Tao Te Ching, the holy book of Taoism. They are compassion, moderation, and humility. Each feeds the divine spark, the Tao alive in the human heart. When we are compassionate we can truly live into bravery. When we are moderate we can give with generosity. When we are humble we become useful servants. This month we explore humility and its importance in becoming more whole and more useful.