

GET CONNECTED!

PREPARING YOUR HEALTHCARE DIRECTIVE

Join us after the service today, August 9, at 11:15 am in the Chalice Room for a presentation by Janet Conn, Minnesota president of Compassion & Choices, on “Preparing for the End of Your Life.” This introduction will cover what to expect at the end of life and how best to prepare through conversations with family and by the completion of healthcare directives. The presentation is sponsored by the Congregational Care committee.

FAMILIES MOVING FORWARD

As we prepare to welcome four families to First Universalist the week of Sept. 6–13, we’re accepting contributions of new and gently used twin sheet sets, twin air beds, comforters and blankets, as well as cash donations and volunteer help. Stop by the FMF table in the Social Hall any Sunday between now and August 16 to learn more.

ACCEPTING DONATIONS FOR AUGSBURG-FAIRVIEW ACADEMY STUDENTS

Augsburg Fairview Academy (AFA) invites young adults from diverse communities to prepare for college, career, and life through an intense program of rigorous study. Many of the students are homeless.

We’re collecting donations of school supplies, backpacks, clothing, and carry-able food for the students. Clothing needs to be something teens will wear, clean, and gently used. Please bring your contributions to the Information Booth in the Social Hall on Sundays.

SUMMER WORSHIP THEME: SOURCES

Within the pores and cracks of the earth fresh water gathers. Sometimes source water rises to the surface on its own accord. Sometimes you have to dig to find it. In either case, water feeds the body and sustains the soul. So too, sources for our spiritual life act in much the same way, gathering in the pores and cracks of our lives. Sometimes, a source of strength is easy to access. Sometimes you have to dig to find the well of faith that will sustain. This summer we explore sources: sources of faith, love and hope.

YOUNG ADULT MOVIE IN THE PARK

All young adults are warmly invited to meet up for a screening of *Fantastic Mr. Fox* at Phelps Park (39th St and Park Ave.) on Saturday, Aug 15. We will arrive and stake out a place at 8:15pm; the movie begins around 8:35pm. Bring your friends, bring some snacks, and come enjoy the show!

Contact Brie Jonna at brianna.jonna@gmail.com with any questions.

AUGUST 30 LAKE HARRIET WORSHIP & POTLUCK

Join us for an energizing worship service and potluck picnic at the Lake Harriet Bandshell on Sunday, Aug. 30 at 10:00AM. The Universalist Rock Band may just rock the top off the bandshell! This will be our only worship service that Sunday. This is an opportunity for the greater community to get to know us. We are looking for volunteers to offer a warm welcome and fun picnic. If you can lend a hand that morning, contact Sandy DiNanni at Sandy@firstuniv.org or 612-825-1701.

WELCOME!

We are so glad that you are here.

At First Universalist Church, in the spirit of love and hope, we give, receive, and grow.

We welcome, affirm, and protect the light in each human heart; we act outside of our walls; we listen to where love is calling us next.

We do all this as a faith community committed to racial justice. These spiritual practices and commitments are the ways we move in rhythm with the great love that is alive in the world.

HELPFUL INFORMATION

Hearing Devices are available; please ask an usher. Cushions are available for the pews and are located next to the sound booth and at the entrance to the Sanctuary. Please return them to their home after the service.

We also have **Fragrance-Free rows** marked in the balcony.

For more information, go to our website: www.firstuniversalistchurch.org, stop by our Information Center in the Social Hall downstairs after services, or call our church office, 612-825-1701.

THE WEEKLY LIBERAL

The Weekly Liberal (our email newsletter) returns to its regular weekly publication schedule beginning August 13.

Subscribe at: firstuniversalistchurch.org/the-weekly-liberal/

Do you have news or information that you’d like to see published in *The Weekly Liberal*? Visit our website and fill out the online submission form!

CELEBRATING OUR GENEROSITY

Offering plates from Sunday Service:

7/5 Rebuild the Churches \$569.38

7/12 Youth Cultural Exchange \$802.55

7/19 Habitat for Humanity \$480.00

To nominate an offering recipient, go to:
www.firstuniversalistchurch.com/offering-plate

LET US KEEP YOU IN OUR THOUGHTS & PRAYERS

If you are experiencing a crisis or transition, or celebrating a joy—please let us know. If you’d like to be included in our Cycle of Life each Sunday in worship, please contact Sandy DiNanni at sandy@firstuniv.org or 612-825-1701.

If you would like support, please contact Rev. Jen Crow (jen@firstuniv.org or 612-825-1701) or any member of our Pastoral Care Team.

Are You Visiting?

Come to a brief orientation to First Universalist and Unitarian Universalism, the 1st and 3rd Sundays of the month.

Our next orientation takes place: August 16

Meet us in the front of the Sanctuary immediately after the service. Find out more about our community in this 45-minute overview. No sign up needed and coffee & childcare are provided.

The Visiting Families Welcome Station at the north end of the Religious Education wing has information about our Children, Youth & Family Ministries. Stop by if you are interested in learning more, or email Director of Children, Youth & Family Ministries Lauren Wyeth at: lauren@firstuniv.org.



THE SACRED & THE MUNDANE

REV. ELAINE ARON TENBRINK

AUGUST 9, 2015

Music for Gathering <i>Granada</i> from <i>Suite Española</i> , Op. 47 –Isaac Albéniz		Dr. Jerrod Wendland
Words of Welcome		Rev. Jen Crow
Bellsound		
Prelude Classical Guitar Improvisation		Jim Scott
Call to Worship		Rev. Elaine Aron Tenbrink
Opening Hymn #347 (Please stand in body or spirit) <i>Gather the Spirit</i> -Jim Scott		Jim Scott
Lighting the Chalice Love is the spirit of this church And service is its law. This is our great covenant: To dwell together in peace, To seek the truth in love, And to help one another. -James V. Blake (reprinted with permission by the UUA)		
Musical Interlude		Dr. Jerrod Wendland
Silence		
Cycle of Life		Rev. Jen Crow
Hymn of Prayer #123 (please remain seated) <i>Spirit of Life</i> Spirit of life, come unto me, Sing in my heart all the stirrings of compassion Blow in the wind, rise in the sea: Move in the hand, giving life the shape of justice. Roots hold me close. Wings set me free. Spirit of Life, come to me. Come to me. -Carolyn McDade (reprinted with permission by the UUA)		
Reading <i>The Life of a Day</i> -Tom Hennen		Rev. Jen Crow
Musical Offering <i>I Am Waiting</i> -Jim Scott		Jim Scott
Sermon <i>The Sacred & the Mundane</i>		Rev. Elaine Aron Tenbrink
Offertory <i>The Oneness of Everything</i> -Jim Scott		Jim Scott
Closing Song (Please stand in body or spirit) <i>May Your Life Be As a Song</i> And may your life be as a song Resounding with the dawn, to sing awake the light Then softly serenade the stars Ever dancing circles in the night. -Jim Scott		Jim Scott
Closing Words		Rev. Elaine Aron Tenbrink
Blessing in Song #413 <i>Go Now in Peace</i>		
Music for the Journey <i>Reprise - May Your Life Be as a Song</i> (instrumental) -Jim Scott		Jim Scott
Worship Leaders		
Rev. Elaine Aron Tenbrink	Minister of Membership & Adult Ministries	
Rev. Jen Crow	Executive Minister	
Dr. Jerrod Wendland	Pianist	
Jim Scott	Guest Musician	
Chancel Flowers		
Today’s flowers were arranged by Pat Foulkes of the Visual Arts Committee.		
Offering: Honor the Earth		
This August and September, national Native environmental organization Honor the Earth is sponsoring “Love Water Not Oil” - Minnesota’s STOP the Pipeline Tour. This organizing and outreach tour in northern Minnesota is aimed at engaging communities and summer residents along one of many tar sands and fracked oil pipelines proposed to cross the North Country: the Enbridge-proposed Sandpiper pipeline.		
The 610-mile Sandpiper pipeline, of a projected 375,000 barrels per day, would cut through a chain of some of the cleanest lakes in northern Minnesota. The oil will eventually end up on the shores of the Great Lakes at the refineries in the Duluth/Superior area.		
Multiple new pipelines are proposed through the heart of reservation land, endangering water, sacred wild rice, the ecosystem and native culture. Honor the Earth, along with its allies, Carleton County Land Stewards, Friends of the Headwaters, three tribal governments and 350.org, are working toward a graceful transition from a destructive economy toward a land-based economy: one that values intergenerational and inter-species equity and affirms cyclical life systems. In the words of Winona LaDuke, “Let us be the ancestors our descendants will thank.”		
About Our Guest Musician:		
Composer, guitarist and singer Jim Scott is our guest this morning. His songs are in our UU Hymnbooks, including <i>Gather the Spirit</i> , and he’s toured the country for nearly three decades playing at more than 600 UU churches. As co-chair of the UU Ministry for the Earth, Jim helped create the Green Sanctuary program, and received a grant from the fund for Unitarian Universalism to assemble the <i>Earth & Spirit Songbook</i> , a great contribution to our worship and RE resources. Formerly a member of the Paul Winter Consort and co-composer of their <i>Missa Gaia/Earth Mass</i> , Jim has gone on to record a number of CDs of his original music and publish a growing line of choral works. He won the UU Silliman Anthem Contest for his piece <i>I Am Waiting</i> .		
Jim’s books and CDs will be available for purchase in the social hall after the		