# IVDIC

### Open Listening

Lyrics by Ron Parker & Dick Hensold © 2014

What have you listened to when opening to truth? Have you listened to the stars? Did they speak of awe and wonder?

Have you listened to the rain gently singing to your inner mind? Have you opened to the spirit? Did it tell you of things that could be?

What can you listen to when opening to truth? Can you listen to the sun? Hear its warm, bright reassurance?

Can you listen to the moon and its soft, mysterious moods?
Can you open to the spirit so it can tell you of the things that could be?

What are you listening to? Are you opening to truth? Are you listening to the trees, to their grand inspiring strength?

Are you listening to your breath? Does it ground you in the moment? Are you open to the spirit? Does it tell you of the things that could be?

What will you listen to when opening to truth? Will you listen to your heart and its song of love and kindness?

Will you listen to the earth? It connects us and cares for us all



# WELCOME!

# CELEBRATING OUR GENEROSITY

Offering plates from Sunday service:

11/9 Youth Farm \$90411/16 Racial Justice Work \$782

To nominate an offering recipient, go to: www.firstuniversalistchurch.com/offering-plate

### Are You Visiting?

Come to a brief orientation to First Universalist and Unitarian Universalism, the 1st and 3rd Sundays of the month.

### Our next orientation takes place: TODAY! (December 7)

Meet us in the front of the Sanctuary immediately after the service. Find out more about our community in this 30-minute overview. No sign up needed and coffee & childcare are provided.

The Visiting Families Welcome Station at the north end of the Religious Education wing has information about our Children, Youth & Family Ministries. Stop by if you are interested in learning more, or email our Director of Children, Youth & Family Ministries, Lauren Wyeth at: lauren@firstuniv.org.



## LET US KEEP YOU IN OUR THOUGHTS & PRAYERS

If you are experiencing a crisis or transition, or celebrating a joy--please let us know. If you'd like to be included in our Cycle of Life each Sunday in worship, please contact Sandy diNanni at (sandy@firstuniv. org) or (612) 825-1701. If you would like support, please contact Rev. Jen Crow (jen@firstuniv.org or 825-1701) or any member of our Pastoral Care Team.

#### We are so glad that you are here. At First Universalist Church,

in the spirit of love and hope, we give, receive, and grow.

We welcome, affirm, and protect the light in each human heart; we act outside of our walls; we listen to where love is calling us next.

We do all this as a faith community committed to racial justice. These spiritual practices and commitments are the ways we move in rhythm with the great love that is alive in the world.

#### HELPFUL INFORMATION

Hearing Devices are available; please ask an usher. Cushions are available for the pews and are located next to the sound booth and at the entrance to the Sanctuary. Please return them to their home after the service.

We also have **Fragrance-Free rows** marked in the balcony.

For more information about First Universalist, go to our website: www.firstuniversalistchurch.org, stop by our Information Center in the Social Hall downstairs after services, or call our church office, 612-825-1701.

#### **The Weekly Liberal**

Want to know what's going on at First Universalist Church? *The Weekly Liberal* (our weekly newsletter) is for you! If you aren't already on the e-news distribution list and would like to be, simply sign up online by visiting our website and following the prompts. Please note, too, that paper copies of *The Weekly Liberal* will always be available in the office and at Sunday's services.

#### Visit us online at:

www.firstuniversalistchurch.org www.twitter.com/firstuniv www.facebook.com/firstuniv



# FIRST UNIVERSALIST CHURCH OF MINNEAPOLIS

In the Universalist spirit of love and hope, we give, receive, and grow.



### SLOW CHURCH

REV. JUSTIN SCHROEDER

FEATURING GUEST MUSICIAN DICK HENSOLD

**DECEMBER** 7, 2014

SHARING SUNDAY

Music for Gathering First Universalist Folk Band **Humours** of Glendart Dick Hensold, conductor (Traditional Celtic Melody)

**Words of Welcome** Rev. Justin Schroeder

**Bellsound** 

Prelude Children's Choir Like a Bird Colleen Schaefle, conductor

> -Music by Luigi Cherubini -Text by E. Bolkovac

**Wisdom Story** Rev. Jen Crow

Opening Hymn #112 (please rise in body or spirit)

Do You Hear?

Lighting the Chalice

Love is the spirit of this church, and service is its law. *This is our great covenant: To dwell together in peace,* to seek the truth in love, and to help one another.

-James V. Blake (reprinted with permission by the UUA)

Hymn For The Journey #51

(please remain seated as children leave for class)

Lady of the Seasons' Laughter

Silence

Cycle of Life Rev. Jen Crow Hymn of Prayer # 123 (seated)

Spirit of Life Spirit of life, come unto me,

Sing in my heart all the stirrings of compassion

Blow in the wind, rise in the sea:

Move in the hand, giving life the shape of justice.

Roots hold me close. Wings set me free. Spirit of Life, come to me. Come to me.

-Carolyn McDade

(reprinted with permission by the UUA)

Reading Rev. Justin Schroeder

**Musical Offering** 

Open Listening

First Universalist Folk Band Dick Hensold, conductor

-Ron Parker and Dick Hensold

Sermon Rev. Justin Schroeder

Slow Church

Offertory

First Leaves of Spring -Dick Hensold

First Universalist Folk Band Dick Hensold, conductor

Closing Hymn #108 (please rise in body or spirit)

My Life Flows On In Endless Song

**Closing Words** 

Blessing in Song #413

Go Now in Peace

Music for the Journey First Universalist Folk Band **Worship Leaders** 

Rev. Justin Schroeder Senior Minister

Rev. Jen Crow Minister of Program Life Colleen Schaefle Children's Choir Director

Dick Hensold Folk Band Arranger & Conductor

Dick Hensold is an American folk musician based in the state of Minnesota. An active promoter of bagpipes, he plays Northumbrian smallpipes, Swedish pipes (säckpipa), medieval great-pipes, reel pipes, Montgomery smallpipes, Great Highland bagpipes, recorder, seljefloyte, low whistleand string bass. He played the Edinburgh Folk Festival in 1994, the Lowland and Border Pipers' Society Collogue (Peebles, Scotland) in 1997, and has taught Northumbrian smallpipes at workshops in the United States, Canada, and Northumberland.

Musicians

Dick Hensold, Northumbrian smallpipes and bass

Howard Hobbs, voice, autoharp, guitar

David Juncker, flutes

Ron Parker, voice, guitar

Eric Roberts, banjo

Sylvia Scoggin, voice, violin

Allan Steinhauer, voice, bodhran

**Chalice Lighters** 

Kailyn Wittrock 9:30 AM Luca Knych 11:15 AM

**Worship Design and Coordination** 

Rev. Ruth MacKenzie

**Chancel Arrangement** 

Today's flowers were donated by Mark Ritchie and Nancy Gaschott to honor the memory and birthday of their beloved daughter, Rachel, 12/7/79 -11/27/00. They were arranged by Averil Bach and Meredith Sims.

**Offering: City of Lakes Community Land Trust** 

The mission of the CLCLT is to provide and foster stewardship of perpetually affordable home ownership opportunities for low- and moderate-income families throughout Minneapolis and is achieved through three major objectives, including: assisting households that otherwise would never be able to purchase a home responsibly in having the ability to do so; ensuring that, if and when the homeowner(s) decide to sell, the CLCLT is there to keep the home(s) affordable for other income-qualified households; providing support necessary for CLCLT homeowners to be successful in homeownership.

**Worship Theme: Slow Church** 

In our commodified society, we are told over and over again that what we own is what we're worth, that "buying" some thing will bring happiness. In the ancient world, a form of "buying" meant buying back life, delivering a life from slavery based on the payment of a price by the redeemer. This form of buying was called redemption. This month we will focus our attention on buying back our lives, of practicing redemption for our own lives and others. The first step in this exchange is slowing down. We will practice mindfulness, listening, and opening to the spirit. We will practice slow church.