



WELCOME!

Let Us Keep You In Our Thoughts & Prayers

If you are experiencing a crisis or transition, or celebrating a joy - please let us know. If you'd like to be included in our Cycle of Life each Sunday in worship, please contact Sandy diNanni at (sandy@firstuniv.org) or (612) 825-1701. If you would like support, please contact Rev. Jen Crow (jen@firstuniv.org or 825-1701) or any member of our Pastoral Care Team.

CELEBRATING OUR GENEROSITY

Offering plates from Sunday service

- 9/28 Center for Victims of Torture \$928
- 9/14 Open Arms \$1,036
- 9/7 Freshwater Society: \$864
- 8/31 Youth Farm: \$465

To nominate an offering recipient, go to: www.firstuniversalistchurch.com/offering-plate

The Pathway to Membership

Feeling like First Universalist could be your spiritual home? Join us for The Pathway to Membership, which invites you into an exploration of Unitarian Universalism, the history of this congregation, our racial justice commitment, and the experience of membership. The Pathway to Membership is required for joining the church.

The next class will be held on: **Saturday, October 25, 9AM-3PM**

To sign up, contact the Rev. Elaine Aron Tenbrink at Elaine@Firstuniv.org or 612-825-1701x124. Childcare available with at least 7 days advance notice at www.firstuniversalistchurch.org/childcare-request-form/

We are so glad that you are here.

At First Universalist Church, in the spirit of love and hope, our mission is to practice giving, receiving, and growing. We welcome, affirm, and protect the light in each human hear; we act outside of our walls; we listen to where love is calling us next. We do all this as a faith community committed to racial justice.

These spiritual practices and commitments are the ways we move in rhythm with the great love that is alive in the world.

Come to a brief orientation to First Universalist and Unitarian Universalism, the 1st and 3rd Sundays of the month. **Our next orientation takes place Sunday, October 25;** meet us in the front of the Sanctuary immediately after the service. Find out more about our community in this 30-minute overview. No sign up needed and coffee & childcare are provided.

The Visiting Families Welcome Station at the north end of the Religious Education wing has information about our Children, Youth & Family Ministries. Stop by if you are interested in learning more, or email our Director of Children, Youth & Family Ministries, Lauren Wyeth, at lauren@firstuniv.org.

Hearing Devices are available: please ask an usher. Cushions are available for the pews and are located next to the sound booth and at the entrance to the Sanctuary. Please return them to their home after the service.

We also have Fragrance-Free rows marked in the balcony.

For more information about First Universalist, go to our website: www.firstuniversalistchurch.org stop by our Information Center in the Social Hall downstairs after services, or call our church office, 612-825-1701.



BULLETIN

THE WEEKLY LIBERAL

The Weekly Liberal is our weekly news and information source at First Universalist: a hybrid of the best parts of the 'old' monthly *Liberal* newsletter and Weekly E-News, redesigned and formatted into a digital, user-friendly format. If you aren't already on the e-news distribution list and would like to be, simply check out our website at www.firstuniversalistchurch.org and follow the sign-up instructions. Please note, too, that paper copies of *The Weekly Liberal* will always be available in the office and at Sunday's services following the weekly Thursday publication.

If you are unable to access the internet and/or email, and would like a paper copy mailed to you weekly, email Administrative Assistant Chelsea Bertsch at chelsea@firstuniv.org or call the office at 612-825-1701 and give Chelsea your name and address to get on the hard copy mailing list. The weekly deadline to submit content for *The Weekly Liberal* will always be Tuesday at 10:00 AM; If you have content to submit, please fill out the online submission form on our website by the Tuesday deadline!



Upcoming Concert

Longing for the return of the big, beautiful sounds of the First Universalist Jazz Band?

Come join John Jensen and his Big Band, singers George Dow and Kira Berglund on **Saturday, November 8th at 7:30 PM** for a rousing, free concert in the First Universalist Sanctuary.

More information to come!

Circle Suppers

Looking for a great way to meet new people within the congregation and enjoy good food and conversation? Join Circle Suppers! Small groups of 6-8 people meet at a participant's home for dinner where the host provides the main course and guests bring other dishes that are needed. You are required to host one time. The deadline for sign up is Oct 31, 2014. Please contact Marybeth Hoelzer for any questions (612-824-1121 or mhoelzer@mac.com).

Racial Justice as a Spiritual Imperative

THIS Sunday! 1:00-2:30PM
Cummins Room

What is the difference between "doing Racial Justice work" and "living a Racially Just life?" Join guest speaker Dr. Heather Hackman for an interactive 90-minute presentation about the deep connection of racial justice to our spiritual-lives, however we define that. Dr. Hackman will also address the personal and societal elements of race, racism and white privilege that prevent all of us (but mostly that keep white folks) from making that connection. You won't want to miss this great opportunity to hear Dr. Hackman share from her own experience as a white person and academic study of issues of race, racism and whiteness as she leads the group through an exploration of the basic concepts of racial justice. Contact Rev. Elaine Aron Tenbrink at Elaine@firstuniv.org for more information. Please note that this is the same workshop that Dr. Hackman presented last year.

Seeking TV Donations

If you're upgrading your television, please consider donating your old TV to church! We are seeking TV monitors for use in our classrooms. Contact Brad at brad@firstuniv.org with any questions.



Taking Spiritual Inventory

Rev. Justin Schroeder

October 12, 2014

Music for Gathering

Prelude from *Le Tombeau de Couperin*
-Maurice Ravel

Dr. Jerrod Wendland

Words of Welcome

Rev. Jen Crow

Bellsound

Prelude

Fixing a Hole
-Paul McCartney & John Lennon

Universal Rock Band

Call to Worship

Marion Dane Bauer

Opening Hymn #1018

Come and Go With Me (please rise if you are able)
(Teal Hymnal)

Lighting the Chalice

Rev. Jen Crow

*Love is the spirit of this church,
and service is its law.
This is our great covenant:
To dwell together in peace,
to seek the truth in love,
and to help one another.*

-James V. Blake
(reprinted with permission by the UUA)

Musical Interlude

Dr. Jerrod Wendland

Silence

Cycle of Life

Rev. Jen Crow

Hymn of Prayer # 123

Spirit of Life (seated)

*Spirit of life, come unto me,
Sing in my heart all the stirrings of compassion
Blow in the wind, rise in the sea:
Move in the hand, giving life the shape of justice.
Roots hold me close. Wings set me free.
Spirit of Life, come to me. Come to me.*

-Carolyn McDade
(reprinted with permission by the UUA)

Reading

Clearing
-Martha Postlewaite

Rev. Justin Schroeder

Musical Offering

These Days
-Jackson Browne

Universal Rock Band

Sermon

Taking Spiritual Inventory

Rev. Justin Schroeder

Offertory

Going, Going Gone
-Bob Dylan

Universal Rock Band

Closing Hymn #1017

Building a New Way (please rise if you are able)
(Teal Hymnal)

Closing Words

Rev. Justin Schroeder

Blessing in Song # 413

Go Now in Peace

Music for the Journey

Dr. Jerrod Wendland

Worship Leaders

Rev. Justin Schroeder Senior Minister
Rev. Jen Crow Minister of Program Life
Dr. Jerrod Wendland Interim Pianist
Universal Rock Band
 Alan Ware
 David Lauth
 Larry LaVercombe
 Grant Foster

Chalice Lighters

Nadia Bierbaum 9:30 AM
Charlie Poulter 11:15 AM

Worship Design and Coordination

Rev. Ruth MacKenzie

Chancel Arrangement

Cheryl Anderson of the Visual Arts Committee arranged the flowers on the chancel.

Offering

Racial Justice Work

This week our offering goes to the myriad ways we are working toward racial justice within our walls and beyond.

This offering will support our continued work with Dr. Heather Hackman, our films and discussions, and our racial justice intensive training.

Worship Theme: Keeping it Real

Every so often we need to clean out the spiritual closet. The stack of games we've played on ourselves or others have fallen on our heads just one too many times.

It's time to make an accurate assessment of our disarray and discontent, keep what we need, and discard what we don't. In this way, we make room for the whole and the holy in our lives.

This month we will be talking about the importance of taking spiritual inventory and keeping it real.