BULLETIN

Welcome!

We are so glad that you are here.

We aspire to be a church that lives and practices racial justice principles, and that welcomes all, regardless of gender identity, sexual orientation, skin color, or economic status. At First Universalist, our mission is to practice giving, receiving, and growing into Love's people. This is the path we invite you to walk with us. Come to a brief orientation to First

Universalist and Unitarian Universalism, the 1st and 3rd Sundays of the month. Our next orientation takes place August 17; meet us in the front of the Sanctuary immediately after the service. Find out more about our community in this 30-minute overview. No sign up needed and coffee & childcare are provided.

The Visiting Families Welcome Station at the north end of the Religious Education wing has information about our Children, Youth & Family Ministries. Stop by if you are interested in learning more, or email our Director of Children, Youth & Family Ministries, Lauren Wyeth, at lauren@firstuniv.org.

Hearing Devices are available please ask an usher. Cushions are vailable for the pews and are located next to the sound booth and at the entrance to the Sanctuary. Please return them to their home after the service.

We also have Fragrance-Free rows marked in the balcony.

For more information about First Universalist, go to our website: www.firstuniversalistchurch.org stop by our Information Center in the Social Hall downstairs after services, or call our church office, 612-825-1701.



CELEBRATING OUR GENEROSITY

Offering plates from Sunday service

July 27, 2014 MNOC \$465 July 20, 2014 Racial Justice \$435 July 13, 2014 Emerge \$448 July 6, 2014 MUUSJA \$560 June 29, 2014 Racial Justice \$385 June 22, 2014 Y.C.E \$549

Backpacks for AFA Students

New or gently used backpacks are needed for Augsburg Fairview Academy (AFA) high school students. Students prefer black or neutral colors (and want to avoid gang colors like bright red, blue and green). Bring your donations to the HUB on Sundays starting August 10.

First Universalist Church supports AFA as part of our racial justice and housing ministry. We provide supplies for a Food and Clothing Closet as well as tutors and classroom assistants. In addition, AFA received a grant from the First Universalist Church Foundation to develop student leadership. Food donations will begin in September, and the tutoring will begin in October. More information on how to get involved will be available in September.

A Friendly Reminder:

Please bring your own cup for coffee during the summer! If you use the paper cups provided please remember to compost the cups. Thank you!



ART EXHIBIT

Our Current exhibit in the Social Hall features fine art collage pieces by Madeleine Lowry. This is a fundraiser for Camp Unistar and all artist proceeds from art sales will be donated to the Camp Unistar Foundation. The exhibit runs through August 31.

of Minneapolis

Chancel Update

Over the past few days, several volunteers from our congregation have been busy painting and refurbishing our sanctuary. If you're like me, you may have a multiplicity of reactions to the new colors of our chancel wall: liking the clean look, wistful about the old colors, not sure, loving how the blue at the top of the chancel really pops and looks like the sky. Here are a few things I'm keeping in mind as I look at the chancel.

- ~This is the first step in beautifying our chancel.
- ~The colors the team chose are to provide a more neutral, inviting palette on which our visual arts team can create.
- ~The chancel colors will lend themselves to new artistic endeavors, such as fabric artists creating large banners that compel our imaginations and anchor our worshipful hearts.
- ~Other pieces that will come into play are a new pulpit, and chalice next year.

Thanks to AUW for their generosity in financially supporting this endeavor. Thanks to Bill McTeer, Weld Ransom, Kristen Mengelkoch, Averil Bach, and Meredith Sims for their expertise. Thanks to all the painters! And thanks to First Universalist Church for its sense of adventure.

~Rev. Ruth

Your invitation to sing in **Summer Choir**

Do you like to sing? Have you thought about being in a choir, but you can't make an extended commitment? Summer Choir may be just right for you. The Summer Choir is scheduled to sing August 24. Rehearsals are at 9:00 a.m. on the day of the service. Yes, only one rehearsal on the day of the service. Music is easy enough to learn in the 45 minute rehearsal. All are welcome! If you have any questions, please contact: randy@firstuniv.org

First Universalist Church Annual Family Campout

Labor Day weekend

Saturday, Aug 30 - Monday, Sep 1

Our 3rd Annual Family Campout is a great way to start the church year! All families with children and youth enrolled in Religious Education at First Universalist are welcome. Just 20-30 minutes from the cities, we spend three days and two nights tent camping, playing, and relaxing together in the beautiful, secluded woods of the Camp Sacajawea Retreat Center.

More information and registration at 1stufamilycampout.weebly.com.

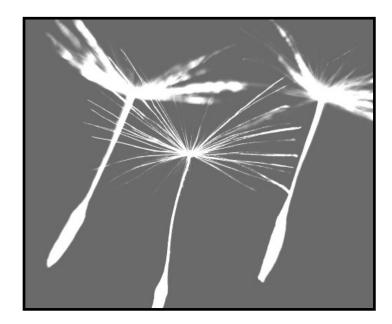
Seeking TV Donations

If you're upgrading your television, please consider donating your old TV to church! We are seeking TV monitors for use in our classrooms. Contact Brad at brad@firstuniv. org with any questions.



First Universalist Church of Minneapolis

In the Universalist spirit of love and hope, we give, receive, and grow.



The Promise of Promises

Rev. Elaine Aron Tenbrink

August 10, 2014

Music for Gathering

Words of Welcome Rev. Jen Crow

Bellsound

Prelude

Northbound Mike Vasich
-by Mike Vasich

Call to Worship Rev. Elaine Aron Tenbrink

Opening Hymn #361

Enter, Rejoice, and Come In

Lighting the Chalice

Love is the spirit of this church, and service is its law.
This is our great covenant:
To dwell together in peace, to seek the truth in love, and to help one another.

-James V. Blake (reprinted with permission by the UUA)

Musical Interlude

Silence

Cycle of Life Rev. Jen Crow

Hymn of Prayer 123

Spirit of Life (seated)

Spirit of life, come unto me, Sing in my heart all the stirrings of compassion Blow in the wind, rise in the sea: Move in the hand, giving life the shape of justice. Roots hold me close. Wings set me free. Spirit of Life, come to me. Come to me.

-Carolyn McDade (reprinted with permission by the UUA)

Reading

The Way It Is
-William Stafford

Musical Offering

Meditation-Duke Ellington

Sermon

The Promise of Promises

Offertory

Natalie -by Mike Vasich

Closing Hymn #318

We Would Be One

Closing Words

Blessing in Song 413

Go Now in Peace

Music for the Journey

Worship Leaders

Rev. Elaine Aron Minister of Membership & Adult Ministries

Rev. Jen Crow Minister of Program Life

Mike Vasich Guest Pianist

Worship Design and Coordination

Rev. Elaine Aron Minister of Membership &

Tenbrink Adult Ministries

Offering

Northside Achievement Zone

Offering

Rev. Elaine Aron Tenbrink

Rev. Elaine Aron Tenbrink

Rev. Elaine Aron Tenbrink

Mike Vasich

Mike Vasich

The chancel flowers were arranged by Meredith Sims of the Visual Arts Committee.

Summer Worship Theme: Seeds

Hidden in the seed is wonder: the possibility of prairie grass, the manifestations of marigolds, the surprising turn of events when we plant hope in our lives. Whether we plant seeds in our backyard or in gestures of social justice, we enter the divine amplification system that deeply connects our actions to the creative energy of Spirit. As a wise man once said, a world of justice and peace is like a mustard seed, that when planted grows up to become the greatest of all shrubs, so great that the birds of the air can make nests in its shade. This summer we will explore the theme of seeds. What seeds are we planting to grow a more whole and holy world? What seeds are you planting to grow a more whole and holy life?

What is our part in the divine amplification system?

Upcoming preachers:

August 17: Rev. Ruth MacKenzie will be preaching

August 24: Rev. Jen Crow will be preaching

Don't forget to collect and save water from a sacred place this summer! We'll gather and merge the waters on September 7, at our Water Communion service.