



# BULLETIN

## Welcome Visitors

We are so glad that you are here. Please join us regularly for Sunday morning worship services at 10:00 AM.

**Come to a brief orientation to First Universalist and Unitarian Universalism, the 1st and 3rd Sundays of the month.** Our next orientation takes place June 1; meet us in the front of the Sanctuary immediately after the service. Find out more about our community in this 30-minute overview. No sign up needed and coffee & childcare are provided.

**The Visiting Families Welcome Station** at the north end of the Religious Education wing has information about our Children, Youth & Family Ministries. Stop by if you are interested in learning more, or email our Director of Children, Youth & Family Ministries, Lauren Wyeth, at [lauren@firstuniv.org](mailto:lauren@firstuniv.org).

**Hearing Devices** are available - please ask an usher. **Cushions are available for the pews** and are located next to the sound booth and at the entrance to the Sanctuary. Please return them to their home after the service.

We also have **Fragrance-Free rows marked in the balcony.**

**For more information about First Universalist**, go to our website: [www.firstuniversalistchurch.org](http://www.firstuniversalistchurch.org) stop by our Information Center in the Social Hall downstairs after services, or call our church office, **612-825-1701**.



## It's your last chance to fill out the Congregational Survey!

The Board of Trustees needs to know if the church is living up to its values and your help is needed! Whether you have been here 6 months or 60 years, whether you are 16 years old or 106, please take 10 minutes to tell us how the church is helping you (or not helping you) give, receive, and grow.

Take the survey at:  
<http://firstuniversalistchurch.org/survey>

## Flower Communion Next Sunday, June 1

Please bring a tulip from your yard or a flower from a bouquet, and celebrate a rich UU tradition of beauty and community as expressed in the ritual of flower communion. All the flowers will be gathered at the beginning of the service and then brought to the front of the sanctuary in a ritual that reminds us that we are at once unique while embracing our place in community. Don't miss it!

Food Justice Ministries is selling raffle tickets to support purchasing Philadelphia farms CSA for Joyce Food shelves.

Tickets are \$5 and will be entered in a drawing for prizes. Tickets will be for sale after services on the Sundays of 5/11, 5/18 and 5/25. Please visit us at the Hub in the Social Hall.



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## Wellspring Orientation

Have you heard about Wellspring? This year, more than 50 members of our church have participated in this amazing journey. Wellspring offers spiritual deepening within our Unitarian Universalist tradition, an opportunity for learning more about ourselves and our faith through a year-long small group experience.

There are five interconnected components: commitment to a daily spiritual practice, monthly spiritual direction (self-reflection with a guide), small group meetings, reading about the theological and historical foundations of our faith, and putting our faith into action. After a day-long opening retreat in September 2014, Wellspring will meet every other week through May 2015.

You are invited to an information session to learn more and to help you decide whether Wellspring is a commitment you want to make. Attending the orientation is required if you wish to participate in Wellspring next year. **Please join us on Sunday, June 8 at 11:30am.** Bring your questions and your open hearts. We look forward to seeing you there!

In faith,  
Rev. Jen Crow, Rev. Elaine Aron Tenbrink, and Sara Smalley

## Celebrating 22 Years with John Jensen Sunday, June 1

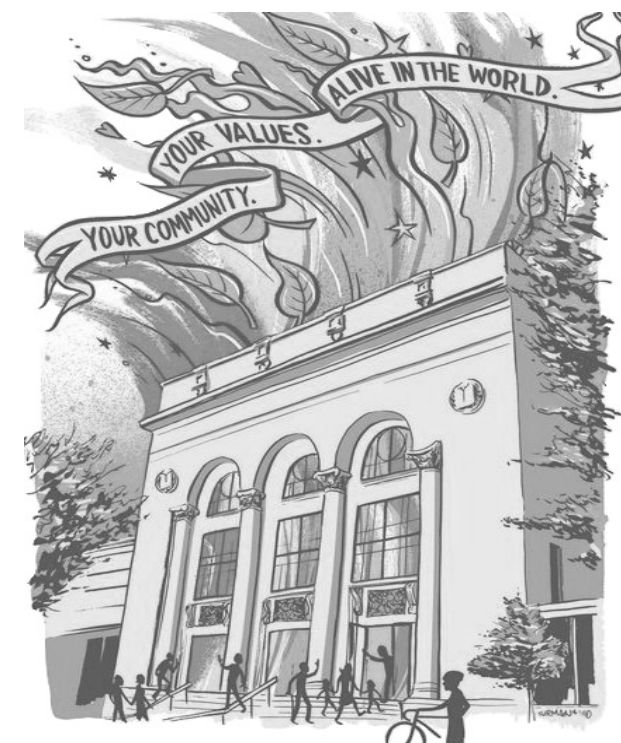
June 1 will be John Jensen's last Sunday as Music Director/Pianist of First Universalist Church. He will continue to conduct our First Universalist Jazz Band, and make guest appearances at the piano. Please join us in worship on June 1, celebrating John's 22 years of service, marking this important threshold for our community.

## Annual Meeting of Membership

**Sunday, June 1, 2014  
11:30 AM  
in the Sanctuary**

Join us in the sanctuary for our annual meeting. We will present the annual report, elect church leadership, and approve the budget for the 2014-15 church year.

A limited number of walk-in childcare spaces will be available during the Annual Meeting from 11:15 AM to 1:00 PM in Room 104. To reserve a guaranteed space in advance, please fill out the childcare request form on the website: [www.firstuniversalistchurch.org/childcare](http://www.firstuniversalistchurch.org/childcare) by the end of today, May 25.



## What Fills Your Life?

*Rev. Elaine Aron Tenbrink*

*May 25, 2014*

*Worship Theme: Season of Passage*

*Every May we celebrate and hold the different thresholds of spring. Some of our youth are leaving our community for work or college. Others are completing their work in the Coming of Age program and are living into the beliefs and values they have outlined. Some of us are watching new patterns of church emerge, as we live ever more fully into our mission of giving, receiving and growing. This time of year, we recognize the season of passage and transitions. We honor what has come before, know that we stand on the shoulders of those who have come before, and imagine our faith community into the future.*

**Music for Gathering**

**Words of Welcome**

Rev. Justin Schroeder

**Bell Sound**

**Prelude**

John Jensen

*Intermezzo Op. 116, No. 6*  
-Johannes Brahms

**Call to Worship**

**Opening Hymn 38**

*Morning Has Broken*

**Lighting the Chalice**

*Love is the spirit of this church,  
and service is its law.  
This is our great covenant:  
To dwell together in peace,  
to seek the truth in love,  
and to help one another.*  
-James V. Blake  
(reprinted with permission by the UUA)

**Musical Interlude**

**Silence**

**Cycle of Life**

Rev. Justin Schroeder

**Hymn of Prayer 123**

*Spirit of Life (seated)*

*Spirit of life, come unto me,  
Sing in my heart all the stirrings of compassion  
Blow in the wind, rise in the sea:  
Move in the hand, giving life the shape of justice.  
Roots hold me close. Wings set me free.  
Spirit of Life, come to me. Come to me.  
-Carolyn McDade  
(reprinted with permission by the UUA)*

**Reading**

Rev. Elaine Aron Tenbrink

*Keeping Quiet*  
-Pablo Neruda

**Musical Offering**

John Jensen

*Intermezzo Op. 117, No. 1*  
-Johannes Brahms

**Sermon**

*What Fills Your Life?*

Rev. Elaine Aron Tenbrink

**Offertory**

John Jensen

*Intermezzo Op. 118, No. 2*  
-Johannes Brahms

**Closing Hymn 323**

*Break Not the Circle*

**Closing Words**

Rev. Elaine Aron Tenbrink

**Blessing in Song 413**

*Go Now in Peace*

**Music for the Journey**

**Worship Leaders**

Rev. Elaine Aron Tenbrink Minister of Membership & Adult Ministries  
Rev. Justin Schroeder Senior Minister  
John Jensen Director of Music/Pianist

**Worship Design and Coordination**

Rev. Ruth MacKenzie Minister of Worship Arts

**Offering**

RECLAIM

RECLAIM's mission is to increase access to mental and integrative health support so LGBTQ youth may be free of oppression in all its forms. We offer therapy for youth and families, training for practitioners, and community partnerships for social change at the intersection of gender and racial justice.

**Chancel Flowers**

The flowers today were arranged by Rita Franchett of the Visual Arts Committee.

**Let us keep you in our thoughts and prayers.**

*If you are experiencing a life transition, loss or grief or if you are celebrating a great joy this church community wants to be there with you.*

If you would like to be included in our Cycle of Life in worship, please contact Sandy Dinanni at [sandy@firstuniv.org](mailto:sandy@firstuniv.org).

If you would like ministerial support, please contact Rev. Jen Crow at [jen@firstuniv.org](mailto:jen@firstuniv.org).

If you would like to give or receive support in the form of meals, rides, or one-on-one support, please be in touch with either Rev. Jen or Kathy Coskran ([kac1122@aol.com](mailto:kac1122@aol.com)) or Kathy Urberg ([kathyurberg@gmail.com](mailto:kathyurberg@gmail.com)), co-chairs of our Congregational Care Team.