

GET CONNECTED

WELLSPRING INFO SESSION TODAY!

Wellspring offers spiritual deepening within our UU tradition and is an opportunity to learn more about ourselves and our faith through a year-long small group experience. Join us for our last info session today at 11:30 a.m. in Room 203 to learn more! Attendance at an info session is required if you wish to participate next year.

HABITAT FOR HUMANITY WORK WEEK

One of the best weeks of the whole year is just around the corner - First Universalist's Habitat for Humanity summer work week, Monday, Aug. 14 - Friday, Aug. 18! We need 60 volunteers in all (12 per day). Volunteers must be over sixteen years of age, and sixteen- and seventeen-year-olds must be accompanied by an adult. The work day is from 8:15 a.m. until 4 p.m., and lunch will be provided. Please consider joining in! Sign up online at firstuniv.weebly.com/habitat-for-humanity-sign-up.html

SUMMER SUNDAYS AT FIRST UNIVERSALIST

Worship Services are held at 10 a.m. during the summer. We ask that you please bring your own mug to the social hour after the service. This helps save on water, labor, and keeps the kitchen cool during the hot summer months. See you in church!

REGISTRATION FOR 2017-2018 RELIGIOUS EDUCATION

RE registration for the 2017-2018 church year is now open online at: <http://1stureligiouseducation.weebly.com/>.

RACIAL JUSTICE & OUR UU FAITH WORKSHOP

Join us for a workshop exploring a framework and tools for understanding race, racism, and whiteness and the spiritual imperative that drives our racial justice work. This is a two-part workshop offered on Tuesdays, July 11 & 18, 6:30-9 p.m. To register, contact Sandy at sandy@firstuniv.org or 612-825-1701.

LAKE HARRIET BANDSHELL OUTDOOR WORSHIP & PICNIC

Join us for an energizing worship service and potluck picnic at the Lake Harriet Bandshell on Sunday, Aug. 20 at 10 a.m.! We'll enjoy music, an inspiring message from Rev. Justin, and a delicious potluck picnic together afterwards. This will be our only worship service on Sunday, Aug. 20. For the potluck picnic, please bring a dish and/or beverage to share, chairs or blankets to sit on, and plates, cups and eating utensils for everyone in your party.

SUMMER CHOIR: SING WITH US!

Do you like to sing? Have you thought about being in choir, but can't make an extended commitment? Summer Choir may be just right for you! The Summer Choir is scheduled to sing in service one more time - on Sunday, Aug. 27. Rehearsal is at 9 a.m. on the day of the service, and service begins at 10 a.m. Music is easy enough to learn in the 45 minute rehearsal. All are welcome! Questions? Contact randy@firstuniv.org.

WELCOME

We are so glad you are here.

At First Universalist Church, in the spirit of love and hope, we give, receive, and grow. We welcome, affirm, and protect the light in each human heart; we listen deeply to where love is calling us next; and we act with humility, bravery, and compassion in service to justice. We do all this as a faith community committed to racial justice. These spiritual practices and commitments are the ways we move in rhythm with the great love that is alive in the world.

LET US KEEP YOU IN OUR THOUGHTS & PRAYERS

If you are experiencing a crisis or transition, or celebrating a joy—please let us know. To be included in our Cycle of Life each Sunday in worship, contact Sandy DiNanni at sandy@firstuniv.org or 612-825-1701.

If you would like support, contact the church office at 612-825-1701 or any member of our Pastoral Care Team.

Are You Visiting?

Come to a brief orientation to First Universalist and Unitarian Universalism.

Our next orientation takes place: Sunday, July 16

Meet us in the front of the Sanctuary immediately after the service. Find out more about our community in this 45-minute overview. No sign up needed. Childcare is provided during the session after the 10 a.m. service.

The Visiting Families Welcome Station at the north end of the Religious Education wing has information about our Children, Youth & Family Ministries. Stop by if you are interested in learning more, or email Director of Children, Youth & Family Ministries Lauren Wyeth at: lauren@firstuniv.org.

CELEBRATING OUR GENEROSITY

Offering plates from Sunday Service:
6/11 CAIR-Minnesota \$394.90
6/18 RECLAIM! \$639.37
6/25 OutFront MN \$515.07

Know a charitable organization that shares our commitment to justice and equity? Nominate an offering recipient at: firstuniversalistchurch.org/offering-plate.

If you'd like to make a donation but don't have cash, use the Square Cash App. It takes no time at all to set up and use! First Universalist's cash tag is \$firstuniv. For more information, go to <http://firstuniversalistchurch.org/new-giving-option-square-cash/>.

HELPFUL INFORMATION

Hearing devices are available; please ask an usher. **Cushions** are available for the pews and are located next to the sound booth and at the entrance to the Sanctuary. Please return them to their home after the service. We also have **fragrance-free rows** marked in the balcony. **For more information**, stop by our Information Center in the Social Hall downstairs, call 612-825-1701, or visit our website: firstuniversalistchurch.org.

MEAL SUPPORT

New baby? Illness? Accident? Let us know if you or somebody in our community would like us to create a meal train for you. Meal trains typically run two to six weeks depending on need and give congregants a way to help. Contact Kathy Urberg at kathyurberg@gmail.com.

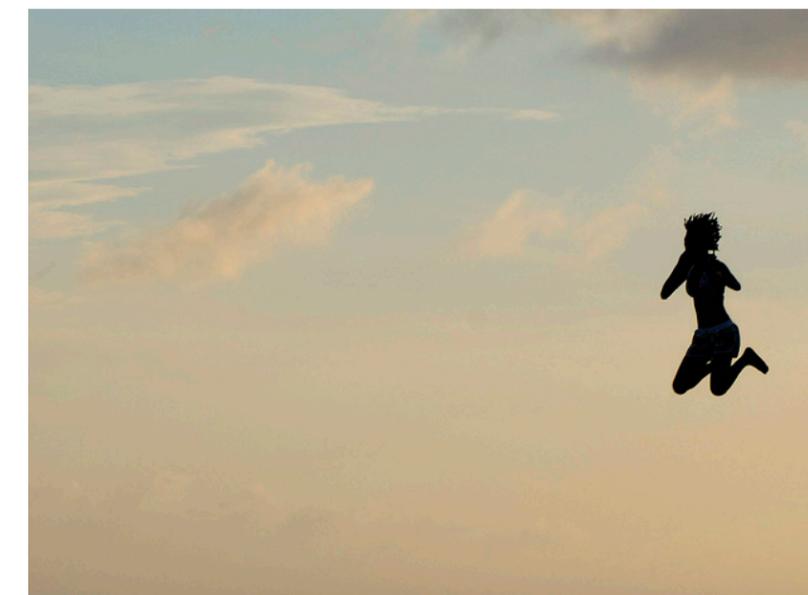
THE WEEKLY LIBERAL

The Weekly Liberal is published on Thursdays. Subscribe at: firstuniversalistchurch.org/the-weekly-liberal/

Do you have news or information you'd like published? Fill out the submission form on our website!



*In the Universalist spirit of love and hope,
we give, receive, and grow.*



WORSHIP THEME: MEETING THE MOMENT

HAVE MERCY

REV. ELAINE ARON TENBRINK

JULY 9, 2017

We welcome, affirm, and protect the light in each human heart; we listen deeply to where love is calling us next; and we act with humility, bravery, and compassion in service to justice. We do all this as a faith community committed to racial justice.

Music for Gathering

Dr. Jerrod Wendland

Words of Welcome

Rev. Elaine Aron Tenbrink

Bellsound

Prelude

Fourth Suite - I.
- Georgs Pelēcis

Dr. Jerrod Wendland

Call to Worship

Welcome Jerde

Opening Hymn #21 (Please rise in body or spirit)

For the Beauty of the Earth

Lighting the Chalice

Love is the spirit of this church
And service is its law.
This is our great covenant:
To dwell together in peace,
To seek the truth in love,
And to help one another.

-James V. Blake

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Musical Interlude

Dr. Jerrod Wendland

Silence

Cycle of Life

Rev. Elaine Aron Tenbrink

Hymn of Prayer #123 (please remain seated)

Spirit of Life

Spirit of life, come unto me,
Sing in my heart all the stirrings of compassion
Blow in the wind, rise in the sea:
Move in the hand, giving life the shape of justice.
Roots hold me close. Wings set me free.
Spirit of Life, come to me. Come to me.

-Carolyn McDade

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Readings

Allowables
- Nikki Giovanni

Rev. Elaine Aron Tenbrink

Anthem

The Journey Is Our Home
- Allen Pote

Summer Choir
Dr. Randal Buikema

Sermon

Have Mercy

Rev. Elaine Aron Tenbrink

Offertory

Fourth Suite - IV.
- Georgs Pelēcis

Dr. Jerrod Wendland

Closing Hymn #121 (Please rise in body or spirit)

We'll Build a Land

Closing Words

Rev. Elaine Aron Tenbrink

Blessing in Song #413

Go Now in Peace

Worship Leaders

Rev. Elaine Aron Tenbrink Minister

Welcome Jerde Worship Associate

Dr. Jerrod Wendland Pianist

Dr. Randal Buikema Director of Choral Arts

Summer Choir

Chancel Flowers

Today's flowers were arranged by Mary Johnson of the Visual Arts Committee.

Offering: Mni Ki Wakan Water Summit

The Mni Ki Wakan: Indigenous Peoples' Decade of Water Summit is an indigenous youth-centered and indigenous peoples-oriented call for continued and deepened action. As the world witnesses the deployment of passionate water protectors pushing divestment and direct action and related land initiatives across the globe, the summit will convene indigenous peoples and allies upon a vital island of collective intelligence to explore and find innovative ways to be more available to each other, even to expand our ability to dream each other's dreams. Because of indigenous peoples' deepening concern for Mother Earth's survival and flourishing into the foreseeable future, it is imperative we also experience each other's biographies as a powerful antidote to the crisis of our current time. As a collective-oriented people the world over, we must rescale our intimacy to planetary proportions. This offering supports the Mni Ki Wakan Water Summit that will be held at First Universalist Church on August 1st and 2nd, 2017.

Musical Notes from Dr. Jerrod Wendland

The Baltic region (Poland, Estonia, Latvia, Lithuania) has been the site of two important movements in contemporary music. Starting in the late '50s, a number of Polish composers (especially Penderecki and Lutosławski) rejected the simple, bombastic music of the Soviet era and began to align with the complex music of the western avant-garde. Later on, in the 1970s, a new generation of composers began to forge a middle way between the alienating dissonance of the West and the propagandistic euphony of the East. The most famous of these are Arvo Pärt and Henryk Górecki, but this movement also includes Georgs Pelēcis (b. 1947), professor at the Latvian Academy of Music in Riga. This music tries to embody the psychological complexity of modernity within a "holy simplicity," reminiscent of music from the Orthodox tradition. "For me, all great and irresistible music is simply the gleam of the ideal and represents the psychological drama of a mind confronting the unattainability of that ideal."

Summer Worship Theme: Meeting the Moment

Sometimes it happens in a small room, when your mind quiets, and the rhythm of your breath begins to lead. Sometimes it happens in a conversation, when you take a leap of faith and step into a hard conversation. Sometimes it is that crazy notion that will not be pushed aside, and you make an about turn that leads into an unimaginable freshness of life and purpose. Sometimes it's showing up in the streets, in a rotunda, in a meeting, in covenantal community. Sometimes it's showing up for yourself. The religious life is meeting the moment over and over again. Join us this summer as ministers and speakers from all different walks of life and contexts tell of their spiritual grounding, and stories of meeting the moment.