

GET CONNECTED

GENDER 101: FOSTERING JUSTICE, EQUITY, AND COMPASSION FOR ALL GENDERS

PLEASE STAY AFTER THE SERVICE FOR THE WORKSHOP

As the movement for transgender equity gains momentum and visibility, a multitude of new conversations about gender identity and diversity are beginning to unfold—with important implications for all those who strive to cultivate inclusive, respectful, and welcoming spaces. In a workshop **today at 11:30 a.m.**, facilitated by Cat Hammond, we'll start with the basics and cover the terminology, concepts, and practices that are integral to today's rapidly evolving queer and trans movements. All are welcome to attend!

BETH ANDREWS ARTIST RECEPTION NEXT SUNDAY

Join us on Sunday, June 25 for a reception for artist Beth Andrews, whose paintings are currently on view in the gallery space in the social hall. The medium used in Andrews' paintings is called "encaustic." It is a mixture of beeswax and resin. The process involves layering and scraping back, hiding and revealing. The finished product has the look and feel of an archeological finding. Meet the artist in the social hall after worship!

SUMMER SUNDAYS AT FIRST UNIVERSALIST

Worship Services are held at 10 a.m. during the summer. We ask that you please bring your own mug to the social hour after the service. This helps save on water, labor, and keeps the kitchen cool during the hot summer months. See you in church!

SUMMER SUNDAYS FOR KIDS

In the summer months, Sunday morning childcare and Religious Education classes are offered for children ages 6 months through those entering 6th grade in the fall. There is no pre-registration for Summer Sundays - simply sign your child in at the classroom. Youth entering 7th-12th grade attend service with their family.

YOUNG ADULTS SUMMER BARBECUE

Relax and connect with other folks in their 20s and 30s with a Sunday afternoon barbecue. We'll meet on June 25 from 1-5 p.m. at the home of Margot Isman and Sebastian Anti in Northeast Minneapolis. Bring something to share and your ideas for future young adult activities. This will be a sober space; all are welcome! RSVP to youngadultsfirstu@gmail.com for the address and more information.

JOIN THE SUMMER CHOIR!

Do you like to sing? Have you thought about being in choir, but can't make an extended commitment? Summer Choir may be just right for you! The Summer Choir is scheduled to sing in services on June 18 (today!), July 9, and August 27. Rehearsals are at 9 a.m. on the day of the service, and services begin at 10 a.m. Music is easy enough to learn in the 45 minute rehearsal. All are welcome! Questions? Contact randy@firstuniv.org.

LAKE HARRIET BANDSHELL WORSHIP & PICNIC

Save the date for our annual worship service and potluck picnic at the Lake Harriet Bandshell: Sunday, Aug. 20 at 10 a.m. Please join us!

WELCOME

We are so glad you are here.

At First Universalist Church, in the spirit of love and hope, we give, receive, and grow. We welcome, affirm, and protect the light in each human heart; we listen deeply to where love is calling us next; and we act with humility, bravery, and compassion in service to justice. We do all this as a faith community committed to racial justice. These spiritual practices and commitments are the ways we move in rhythm with the great love that is alive in the world.

LET US KEEP YOU IN OUR THOUGHTS & PRAYERS

If you are experiencing a crisis or transition, or celebrating a joy—please let us know. To be included in our Cycle of Life each Sunday in worship, contact Sandy DiNanni at sandy@firstuniv.org or 612-825-1701.

If you would like support, contact the church office at 612-825-1701 or any member of our Pastoral Care Team.

Are You Visiting?

Come to a brief orientation to First Universalist and Unitarian Universalism.

Our next orientation takes place: Today!

Meet us in the front of the Sanctuary immediately after the service. Find out more about our community in this 45-minute overview. No sign up needed. Childcare is provided during the session after the 10 a.m. service.

The Visiting Families Welcome Station at the north end of the Religious Education wing has information about our Children, Youth & Family Ministries. Stop by if you are interested in learning more, or email Director of Children, Youth & Family Ministries Lauren Wyeth at: lauren@firstuniv.org.

CELEBRATING OUR GENEROSITY

Offering plates from Sunday Service:
5/21 Senior High Youth Trips \$866.11
5/28 Gardening Matters \$352.12
6/4 Good in the Hood \$661.26

Know a charitable organization that shares our commitment to justice and equity? Nominate an offering recipient at: firstuniversalistchurch.org/offering-plate.

If you'd like to make a donation but don't have cash, use the Square Cash App. It takes no time at all to set up and use! First Universalist's cash tag is \$firstuniv. For more information, go to <http://firstuniversalistchurch.org/new-giving-option-square-cash/>.

HELPFUL INFORMATION

Hearing devices are available; please ask an usher. **Cushions** are available for the pews and are located next to the sound booth and at the entrance to the Sanctuary. Please return them to their home after the service. We also have **fragrance-free rows** marked in the balcony. **For more information**, stop by our Information Center in the Social Hall downstairs, call 612-825-1701, or visit our website: firstuniversalistchurch.org.

CHORE TEAM

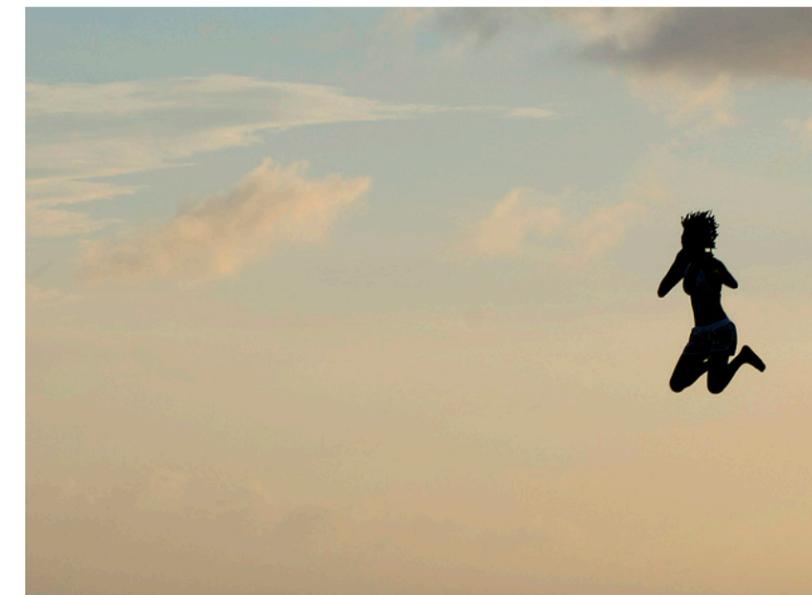
Do you need help with simple household tasks, such as removing or installing an air conditioner, changing lightbulbs, or window washing? These are chores that most of us do easily until we can't. Chore Team helpers are also needed! Contact Bob Friedman at rmarcf@usfamily.net or 612-722-4705 if you need help, or if you would like to join the chore team.

THE WEEKLY LIBERAL

The Weekly Liberal is published on Thursdays. Subscribe at: firstuniversalistchurch.org/the-weekly-liberal/
Do you have news or information you'd like published? Fill out the submission form on our website!



*In the Universalist spirit of love and hope,
we give, receive, and grow.*



WORSHIP THEME: MEETING THE MOMENT

SHE/HE/THEY/WE

REV. KAREN HERING

JUNE 18, 2017

We welcome, affirm, and protect the light in each human heart; we listen deeply to where love is calling us next; and we act with humility, bravery, and compassion in service to justice. We do all this as a faith community committed to racial justice.

Music for Gathering

Dr. Jerrod Wendland

Words of Welcome

Jack Gaede

Bellsound

Prelude

Étude No. 1
- Lisa Ragsdale

Dr. Jerrod Wendland

Call to Worship

Jack Gaede

Opening Hymn #325 (Please rise in body or spirit)

Love Makes a Bridge (Verses 1-3, 5)

Lighting the Chalice

Love is the spirit of this church
And service is its law.
This is our great covenant:
To dwell together in peace,
To seek the truth in love,
And to help one another.

-James V. Blake

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Musical Interlude

Dr. Jerrod Wendland

Reflection

Catherine Charles Hammond

Silence

Cycle of Life

Jack Gaede

Hymn of Prayer #123 (please remain seated)

Spirit of Life

Spirit of life, come unto me,
Sing in my heart all the stirrings of compassion
Blow in the wind, rise in the sea:
Move in the hand, giving life the shape of justice.
Roots hold me close. Wings set me free.
Spirit of Life, come to me. Come to me.

-Carolyn McDade

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Reading

Marginal Wisdom
- Leslie Takahashi Morris

Rev. Karen Hering
Catherine Charles Hammond

Excerpt from *And Don't Call Me Ma'am*
- Alyx J. Hanson

"Three Covenants" from *Seven Thousand Ways to Listen*
- Mark Nepo

Musical Offering

#1053 *How Could Anyone?*
(Congregation joins the third time)

Summer Choir
Dr. Randal Buikema

Sermon

She/He/They/We

Rev. Karen Hering

Offertory

Pretty Boy
- Catherine Charles Hammond

Catherine Charles Hammond

Closing Hymn #1014 (Please rise in body or spirit)

Standing on the Side of Love

Closing Words

Rev. Karen Hering

Blessing in Song #413

Go Now in Peace

Worship Leaders

Rev. Karen Hering Guest Preacher
Jack Gaede Worship Associate
Catherine Charles Hammond Guest Speaker and Workshop Leader
Dr. Jerrod Wendland Pianist
Dr. Randal Buikema
Summer Choir

Chancel Flowers

Today's flowers were arranged by Mary Johnson of the Visual Arts Committee.

Offering: RECLAIM!

RECLAIM!'s mission is to increase access to mental health support for queer and trans youth so they might reclaim their lives from oppression in all of its forms. RECLAIM! works to provide financially and culturally accessible care to queer and trans youth and their families, as well as continue to train practitioners and partner in community to create systems of change at the intersection of gender and racial justice.

About Today's Guest Preacher

Rev. Karen Hering is consulting literary minister, rooted at Unity Church-Unitarian, St. Paul, and author of *Writing to Wake the Soul: Opening the Sacred Conversation Within*. She is a recipient of a Silver Nautilus award for books contributing to spiritual growth, conscious living, responsible leadership and social change. She leads retreats and programs near and far, and is also the proud mother of Catherine Charles Hammond, who will be leading this worship service with her. For more information visit: www.karenhering.com.

About Today's Guest Speaker

Catherine Charles Hammond is a Minneapolis-based writer, musician, and performer whose work exploring queer identity has been featured most recently in 20% Theatre Company's *The Naked I*, Fox Egg Gallery's *OUTspoken*, and Intermedia Arts' *Queer Voices* reading series. They have also provided staff trainings, consultation, and lectures as LGBTQ Community Liaison at the Children's Theatre Company in Minneapolis.

Summer Worship Theme: Meeting the Moment

Sometimes it happens in a small room, when your mind quiets, and the rhythm of your breath begins to lead. Sometimes it happens in a conversation, when you take a leap of faith and step into a hard conversation. Sometimes it is that crazy notion that will not be pushed aside, and you make an about turn that leads into an unimaginable freshness of life and purpose. Sometimes it's showing up in the streets, in a rotunda, in a meeting, in covenantal community. Sometimes it's showing up for yourself. The religious life is meeting the moment over and over again. Join us this summer as ministers and speakers from all different walks of life and contexts tell of their spiritual grounding, and stories of meeting the moment.