

GET CONNECTED



Not for Ourselves Alone:
Building an Inclusive Future
First Universalist Church Capital Campaign

CAPITAL CAMPAIGN UPDATE: \$4,811,180

Thank you to all those who have generously given as of May 10! Thus far, we have received \$4,811,180 in pledges from members toward our capital campaign. The goal of the campaign is to visit with everyone in the First Universalist community. Stop by the table in the Social Hall after services to schedule a time for a visit so that you can learn more!

WORSHIP ASSOCIATE APPLICATIONS DUE MAY 17

The Worship Associates Team is a committed group of lay leaders who are meaningfully involved in the planning, creation and performance of each Sunday's service. If you are interested in applying to be a Worship Associate for the 2017-18 church year, please submit your application by Wednesday, May 17. Instructions can be found on our website and in *The Weekly Liberal*.

WELLSPRING INFO SESSION MAY 21

Wellspring offers spiritual deepening within our UU tradition and is an opportunity to learn more about ourselves and our faith through a year-long small group experience. Join us for an info session on Sunday, May 21 at 1 p.m. in the Cummins Room to learn more!

ANNUAL MEETING IS JUNE 4

Our Annual Meeting of the Membership will be held on Sunday, June 4 at 11:30 a.m., after the single 10 a.m. worship service.

VOLUNTEERS NEEDED FOR FAMILIES MOVING FORWARD

First Universalist will be hosting four families from Families Moving Forward the week of May 28 – June 3. This is the first of our three hosting weeks for 2017. There are many spots open to volunteer your time, talents, and contributions. Stop by in the Social Hall following today's service to sign up!

DAYTIME CONNECTIONS: COMMUNITY-LED INITIATIVES IN NORTH MINNEAPOLIS

On Thursday, May 18, on a charter bus tour led by Mike Wynne, CEO and president of EMERGE (a First U Faithful Action partner), we'll learn about vibrant community groups in North Minneapolis who are building a more just, inclusive city. The visit will conclude with lunch from Breaking Bread Café, a nonprofit that's leading the way to engage youth in a food justice movement. Co-sponsored with the Faithful Action Council. Board the handicap-accessible bus at church at 10 a.m. and return at 1:30 p.m. Register now (\$20) with Sandy DiNanni at sandy@firstuniv.org or 612-825-1701.

LAST DAY OF QUILT EXHIBIT

Today is the last day to view the exhibit of quilts by Minnesota Contemporary Quilters in the Social Hall. Don't miss seeing the variety of creative interpretations of the exhibit's theme, "Changing Times"!

ONE 10 A.M. SERVICE STARTING MAY 28

Please note: beginning Sunday, May 28, we'll switch to a single worship service at 10 A.M. throughout the Summer.

WELCOME

We are so glad you are here.

At First Universalist Church, in the spirit of love and hope, we give, receive, and grow. We welcome, affirm, and protect the light in each human heart; we listen deeply to where love is calling us next; and we act with humility, bravery, and compassion in service to justice. We do all this as a faith community committed to racial justice. These spiritual practices and commitments are the ways we move in rhythm with the great love that is alive in the world.

LET US KEEP YOU IN OUR THOUGHTS & PRAYERS

If you are experiencing a crisis or transition, or celebrating a joy—please let us know. To be included in our Cycle of Life each Sunday in worship, contact Sandy DiNanni at sandy@firstuniv.org or 612-825-1701.

If you would like support, contact the church office at 612-825-1701 or any member of our Pastoral Care Team.

Are You Visiting?

Come to a brief orientation to First Universalist and Unitarian Universalism, the 1st and 3rd Sundays of the month.

Our next orientation takes place: Sunday, May 21

Meet us in the front of the Sanctuary immediately after the service. Find out more about our community in this 45-minute overview. No sign up needed. Childcare is provided during the session after the 11:15 a.m. service.

The Visiting Families Welcome Station at the north end of the Religious Education wing has information about our Children, Youth & Family Ministries. Stop by if you are interested in learning more, or email Director of Children, Youth & Family Ministries Lauren Wyeth at: lauren@firstuniv.org.

CELEBRATING OUR GENEROSITY

Offering plates from Sunday Service:
4/16 Habitat for Humanity \$1,173.81

4/23 MN Interfaith Power and Light \$789.00

4/30 Black Lives of Unitarian Universalism
\$1,672.28

Know a charitable organization that shares our commitment to justice and equity? Nominate an offering recipient at: firstuniversalistchurch.org/offering-plate.

If you'd like to make a donation but don't have cash, use the Square Cash App. It takes no time at all to set up and use! First Universalist's cash tag is \$firstuniv. For more information, go to <http://firstuniversalistchurch.org/new-giving-option-square-cash/>.

HELPFUL INFORMATION

Hearing devices are available; please ask an usher. Cushions are available for the pews and are located next to the sound booth and at the entrance to the Sanctuary. Please return them to their home after the service. We also have **fragrance-free rows** marked in the balcony. For more information, stop by our Information Center in the Social Hall downstairs, call 612-825-1701, or visit our website: firstuniversalistchurch.org.

COMFORT SHAWLS

New baby? Illness? Accident? Let us know if you or somebody in our community would like us to create a meal train for you. Meal trains typically run two to six weeks depending on need and give congregants a way to help. Contact Kathy Urberg at kathyurberg@gmail.com.

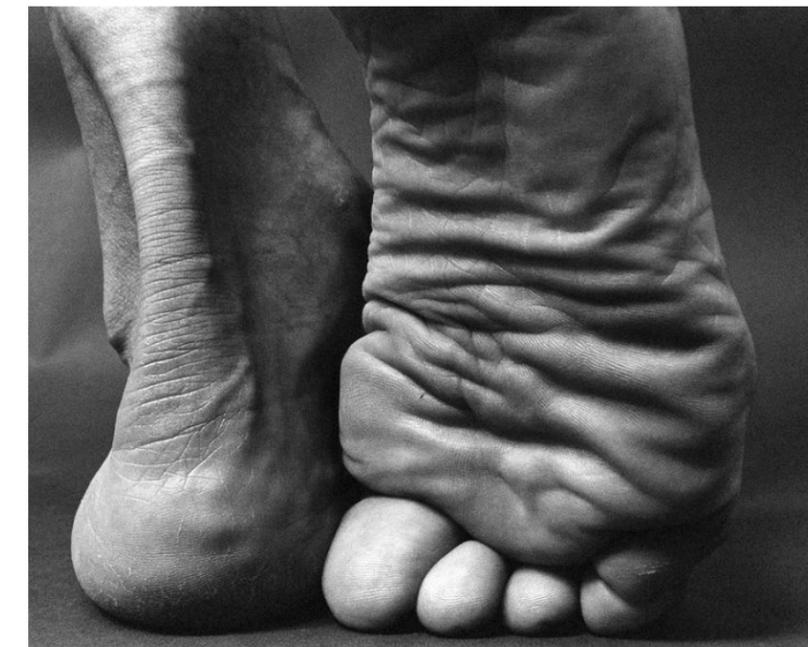
THE WEEKLY LIBERAL

The Weekly Liberal is published on Thursdays. Subscribe at: firstuniversalistchurch.org/the-weekly-liberal/
Do you have news or information you'd like published? Fill out the submission form on our website!



FIRST UNIVERSALIST CHURCH
OF MINNEAPOLIS

*In the Universalist spirit of love and hope,
we give, receive, and grow.*



WORSHIP THEME: EMBODIMENT

LOVE IS THE THING

REV. RUTH MACKENZIE

MAY 14, 2017

We welcome, affirm, and protect the light in each human heart; we listen deeply to where love is calling us next; and we act with humility, bravery, and compassion in service to justice. We do all this as a faith community committed to racial justice.

Music for Gathering

Dr. Jerrod Wendland

Words of Welcome

Rev. Justin Schroeder

Bellsound

Prelude

Cozy Cat
- David and Lisa Carnes

David and Lisa Carnes

Collage of Voices

Excerpts of Credo from Coming of Age Youth 2017

Ellen Poulter
Jason Berry
Maren Frost
Nathaniel Mersy

Opening Hymn #1007 (Please rise in body or spirit)

There's a River Flowin' Through My Soul

Lighting the Chalice

Love is the spirit of this church
And service is its law.
This is our great covenant:
To dwell together in peace,
To seek the truth in love,
And to help one another.

-James V. Blake

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Child Dedication

Rev. Ruth MacKenzie

Silence

Cycle of Life

Rev. Justin Schroeder

Hymn of Prayer #123 (please remain seated)

Spirit of Life

Spirit of life, come unto me,
Sing in my heart all the stirrings of compassion
Blow in the wind, rise in the sea:
Move in the hand, giving life the shape of justice.
Roots hold me close. Wings set me free.
Spirit of Life, come to me. Come to me.

-Carolyn McDade

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Collage of Voices

Excerpts of Credo from Coming of Age Youth 2017

Ellen Poulter
Jason Berry
Maren Frost
Nathaniel Mersy

Musical Offering

*Birds Flying Over the Realm of Neither
Perception or Non-Perception*
- David and Lisa Carnes

David and Lisa Carnes

Sermon

Love Is the Thing

Rev. Ruth MacKenzie

Celebrating Coming of Age Graduates, Mentors, and Advisers

Offertory

Fearless
- David and Lisa Carnes

David and Lisa Carnes

Closing Hymn #1028 (Please rise in body or spirit)

Fire of Commitment

Closing Words

Rev. Ruth MacKenzie

Blessing in Song #413

Go Now in Peace

Worship Leaders

Rev. Ruth MacKenzie	Minister of Worship and Coming of Age
Rev. Justin Schroeder	Senior Minister
Dr. Jerrod Wendland	Pianist
David and Lisa Carnes	Guest Musicians
Knut Remmem	9:30 A.M. Chalice Lighter
Maya Conners	11:15 A.M. Chalice Lighter
Phil Johnson	Usher Coordinator

Members of the Coming of Age Class 2017

Jason Berry, Maren Frost, Nathaniel Mersy, Ellen Poulter

Chancel Flowers

Today's flowers are donated in recognition of Phil Johnson and his 30 years of service to First Universalist as Usher Coordinator. Please enjoy cake in the Social Hall after the services. Today's arrangement was created by Meredith Sims of the Visual Arts Committee.

Offering: Coming of Age Boston Trip

Every October, members of the graduating class of Coming of Age set off on a pilgrimage to Boston. Youth have a chance to visit King's Church, where a Unitarian theology and practice began to take root in an Episcopal church; Arlington Street Church, where several of our Unitarian founders served as minister; walk the freedom trail and place our religious tradition within the emergence of the United States, while taking on the genocide of native peoples and the enslavement of African peoples as part of our history; and visit Walden pond and walk the paths of Henry David Thoreau. This is an important trip which grounds youth in our achievements, our blind spots, our destructiveness, and our creativity as a faith tradition. Our offering today helps defray the expenses for all families wishing to have their children deepen their understanding and commitment to Unitarian Universalism.

About today's Guest Musicians

David and Lisa Carnes, and their sons, are members of First Universalist Church. The Carnes perform original music throughout the Twin Cities with an ever changing cast of musical friends, including their group A Ghost Revival. They also own ArcStone, a full service digital agency. To learn more about their company or their upcoming shows, please visit ArcStone, www.arcstone.com or A Ghost Revival, www.ghostrevival.com.

May Worship Theme: Embodiment

In her poem, "Shoulders," Naomi Shihab Nye describes a man carrying his child across a busy street. He looks left and right several times, knowing he carries precious cargo. As he does, "His ear fills up with breathing. He hears the hum of a boy's dream deep inside him." She then says, "We're not going to be able to live in this world if we're not willing to do what he's doing with one another." Religion is more than just affirming a set of beliefs. Religion is embodying those principles in the real world, as a parent, a friend, an advocate, an ally, a lover, a colleague. We are here to have our ears filled with the world's breathing and embody the hum of one another's dreaming deep inside our living.