

GET CONNECTED

PATHWAY TO MEMBERSHIP GLOBAL GIFT FAIR TODAY

Feeling like First Universalist could be your spiritual home? We'd love to welcome you as a new member! The Pathway to Membership is a class exploring Unitarian Universalism, the history and mission of this congregation, and the experience of membership. The next class is offered as a two-part series on Wednesdays, Nov. 30 and Dec. 7 from 6:30 to 8:30 p.m. To register, contact Sandy at Sandy@firstuniv.org or 612-825-1701.

A GOOD TIME FOR THE TRUTH: RACE IN MINNESOTA BOOK DISCUSSION

In this provocative book, sixteen of Minnesota's best writers provide a range of perspectives on what it is like to live as a person of color in Minnesota. For the discussion on Thursday, Dec. 1 (7-8:30 p.m.), participants are asked to prepare by reading the last five essays.

BDE/MDE MAKKA SKA COMMUNITY CONVERSATION

Join us for the fourth community conversation inspired by the spirit of Mde Maka Ska. "The Spirit of Mde Maka Ska: A Voice Like a Gentle Ripple" is the theme of this conversation, which will take place on Saturday, Dec. 3 from 10:30 a.m. to 2:30 p.m. Like a stone tossed into water, the water's spirit sends energy out to its shores and beyond. What are we inspired to do for the lake and for life giving water the world over?

FINAL SUNDAY OF TEXTILES AND CERAMICS ART EXHIBIT

Today is the final day that textiles by Barbara Harman and ceramics by Pratibha Gupta will be on view in the Social Hall. If you haven't had a chance to see the exhibit yet, make sure to do so today!

This year's Global Gift Fair is being held in the Social Hall today from 9 a.m. to 1 p.m. Come and purchase handmade items from organizations that help people in need. Gift responsibly! Vendors include: Under One Roof, Mano a Mano, Native Harvest, Books for Bassodawish, Unitarian Universalist Service Committee, and Frybread Love/Project Offstreets.

ACCEPTING APPLICATIONS FOR NEW PASTORAL CARE TEAM MEMBERS

Do you have an open heart, a compassionate presence, a listening ear and a few hours each month to offer? If so, we invite you to consider joining our Pastoral Care Team. Members of this team provide confidential pastoral care to friends and members of our congregation. For more information, visit the Pastoral Care page on our website where you can obtain an application and job description. Applications are due by Dec. 16, 2016.

HATS FOR THE HOMELESS

Hats for the Homeless has been a presence in our church's community outreach for 9 years. The simple gift of warm winter clothing carries the message that our neighbors are not invisible to us and that we carry them in our hearts. As before, we look to First Universalist knitters to support our neighborly connections with donated stocking caps. Patterns are available at: hats4thehomeless.blogspot.com. Contributions of stocking caps, scarves and gloves can be brought to our collection basket in the atrium near the elevator.

WELCOME

We are so glad you are here.

At First Universalist Church, in the spirit of love and hope, we give, receive, and grow. We welcome, affirm, and protect the light in each human heart; we listen deeply to where love is calling us next; and we act with humility, bravery, and compassion in service to justice. We do all this as a faith community committed to racial justice. These spiritual practices and commitments are the ways we move in rhythm with the great love that is alive in the world.

LET US KEEP YOU IN OUR THOUGHTS & PRAYERS

If you are experiencing a crisis or transition, or celebrating a joy—please let us know. To be included in our Cycle of Life each Sunday in worship, contact Sandy DiNanni at sandy@firstuniv.org or 612-825-1701.

If you would like support, contact the church office at 612-825-1701 or any member of our Pastoral Care Team.

Are You Visiting?

Come to a brief orientation to First Universalist and Unitarian Universalism, the 1st and 3rd Sundays of the month.

Our next orientation takes place: Sunday, Dec. 4

Meet us in the front of the Sanctuary immediately after the service. Find out more about our community in this 45-minute overview. No sign up needed. Childcare is provided during the session after the 11:15 a.m. service.

The Visiting Families Welcome Station at the north end of the Religious Education wing has information about our Children, Youth & Family Ministries. Stop by if you are interested in learning more, or email Director of Children, Youth & Family Ministries Lauren Wyeth at: lauren@firstuniv.org.

CELEBRATING OUR GENEROSITY

Offering plates from Sunday Service:

11/6 Beacon Interfaith Housing Collaborative
\$1,433.49

11/13 Standing Rock Sioux Tribe DAPL Fund
\$4,332.36

11/20 Million Artist Movement \$1,307.75

Know a charitable organization that shares our commitment to justice and equity? Nominate an offering recipient at: firstuniversalistchurch.org/offering-plate.

If you'd like to make a donation but don't have cash, use the Square Cash App. It takes no time at all to set up and use! First Universalist's cash tag is \$firstuniv. For more information, go to <http://firstuniversalistchurch.org/new-giving-option-square-cash/>.

HELPFUL INFORMATION

Hearing devices are available; please ask an usher. **Cushions** are available for the pews and are located next to the sound booth and at the entrance to the Sanctuary. Please return them to their home after the service. We also have **fragrance-free rows** marked in the balcony. **For more information**, stop by our Information Center in the Social Hall downstairs, call 612-825-1701, or visit our website: firstuniversalistchurch.org.

NEW BABY WELCOME

Having a baby? Want to help welcome a new baby? Contact co-chairs of our new baby welcome team, Ann Terlizzi at 612-728-7232 or annterlizzi@visi.com, or Jody Beresford at 952-828-9977 or spice777@aol.com.

THE WEEKLY LIBERAL

The Weekly Liberal is published on Thursdays. Subscribe at: firstuniversalistchurch.org/the-weekly-liberal/

Do you have news or information you'd like published? Fill out the submission form on our website!



*In the Universalist spirit of love and hope,
we give, receive, and grow.*



WORSHIP THEME: MAKING SPACE FOR DISCOMFORT

THE LONG HAUL

REV. JUSTIN SCHROEDER

NOVEMBER 27, 2016

We welcome, affirm, and protect the light in each human heart; we listen deeply to where love is calling us next; and we act with humility, bravery, and compassion in service to justice. We do all this as a faith community committed to racial justice.

Music for Gathering

Dr. Jerrod Wendland

Words of Welcome

Rev. Justin Schroeder

Bellsound

Prelude

Why Shouldn't We?
- Mary Chapin Carpenter

David Lauth
Alan Ware

Call to Worship

Denise Konen

Hymns of Thanksgiving (Please rise in body or spirit)

1010 *We Give Thanks*
1008 *When Our Heart Is in a Holy Place*

Lighting the Chalice

Love is the spirit of this church
And service is its law.
This is our great covenant:
To dwell together in peace,
To seek the truth in love,
And to help one another.

-James V. Blake

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Musical Interlude

Dr. Jerrod Wendland

Silence

Cycle of Life

Rev. Jen Crow

Hymn of Prayer #123 (please remain seated)

Spirit of Life
Spirit of life, come unto me,
Sing in my heart all the stirrings of compassion
Blow in the wind, rise in the sea:
Move in the hand, giving life the shape of justice.
Roots hold me close. Wings set me free.
Spirit of Life, come to me. Come to me.

-Carolyn McDade

(reprinted with permission by the UUA)

Hymn of Invitation

346 *Come Sing a Song With Me*

Musical Offering

Home
- Phillip Phillips

David Lauth
Alan Ware

Sermon

The Long Haul

Rev. Justin Schroeder

Offertory

If I Had One Wish
- David Lauth

David Lauth
Alan Ware

Closing Hymn #131 (Please rise in body or spirit)

Love Will Guide Us

Closing Words

Rev. Justin Schroeder

Blessing in Song #413

Go Now in Peace

Worship Leaders

Rev. Justin Schroeder	Senior Minister
Rev. Jen Crow	Executive Miniser
Denise Konen	Worship Associate
Dr. Jerrod Wendland	Pianist
David Lauth	Guest Musician
Alan Ware	Guest Musician
Ava Bleifuss	11:15 A.M. Chalice Lighter

Chancel Flowers

Today’s flowers were arranged by Karen Johnson of the Visual Arts Committee.

Offering: Minnesota Unitarian Universalist Justice Alliance

Minnesota Unitarian Universalist Justice Alliance’s (MUUSJA) mission is to “unleash courageous leadership and collective power to build a just and loving world.” They are Unitarian Universalists from across the state of Minnesota - diverse, spirited, and deeply committed and firmly grounded in their UU principles of world peace, justice, and sustainability. They work together on focused programs of education, witness, and systemic change to create a world that works for everyone.

MUUSJA participates faithfully in the struggle for racial justice in MN by consistently convening Unitarian Universalists to show up for actions, protests, marches, rallies, and events led by our partners on the local and national scene.

About Today's Guest Musicians

David Lauth and Alan Ware are long time members of First Universalist Church and were key players in our former Universal Rock Band. David trained as a classical musician and now sings frequently for the services of Unitarian Universalist congregations in Minnesota and Wisconsin. Alan has studied jazz and classical guitar, classical voice, and performed in various rock bands over the years.

November Worship Theme: Making Space for Discomfort

M. Scott Peck writes: “The truth is that our finest moments are most likely to occur when we are feeling deeply uncomfortable, unhappy, or unfulfilled. For it is only in such moments, propelled by our discomfort, that we are likely to step out of our ruts and start searching for different ways or truer answers.” Most of us want to get to the end of an uncomfortable situation, or an unfulfilled time as soon as humanly possible. We often will choose a questionable equilibrium over a generative imbalance any day. But what if we placed the mantle of discomfort squarely upon our shoulders, and embraced it as our greatest spiritual teacher. This month, we practice making space for discomfort and the truer answers it has to teach.