

GET CONNECTED

STANDING ROCK

REFLECTIONS: 1 P.M. TODAY

Members of Mde Maka Ska Conversations invite you to hear powerful stories of their September canoe paddle where they joined with water protectors from all over the world to pray and sing in support of the Standing Rock Sioux Tribe to stop the Dakota Access Pipe Line and protect the Missouri River watershed. After a slide presentation and talk, other travelers to Standing Rock will be invited to share their own experience. Please join members of the Mde Maka Ska Canoe family today from 1 to 3 p.m. in the Cummins Room.

MIRRORS OF PRIVILEGE FILM SHOWING AND DISCUSSION

This groundbreaking film features stories from white men and women on overcoming unconscious racism and entitlement. Join us for a showing and discussion facilitated by Susan Schultz and Susan Hoffman. Part 1 will be shown on Monday, Nov. 14 and Part 2 on Tuesday, Nov. 22, 7–8:30 p.m. each evening.

SAVE THE DATE:

WINTER SOLSTICE SERVICE

For 36 years, First Universalist has honored the longest night of the year, and joyously celebrated the return of the Sun! Join us on Wednesday, Dec. 21, as we observe another turning of the year. Sanctuary doors open at 7 p.m., and the service begins at 7:30 p.m. The evening includes a 12-minute period of darkness. As always, we will move through the evening with beautiful music, participation for all ages, and spreading of the light. Want to get involved? Contact Jean Buckley at jeanbuckley50@yahoo.com.

DAYTIME CONNECTIONS: CROSSING OUR THRESHOLDS

How do we cherish, and at the same time let go, when life-changing events turn us in new directions? On Thursday, Nov. 17 at 11 a.m., Rev. Karen Hering, a literary minister at Unity Unitarian, will explore with us how a spiritual practice of writing can help us cross our personal thresholds. Lunch at 1 p.m., following the program (\$5-\$10 donation requested for lunch). RSVP to Sandy DiNanni sandy@firstuniv.org or 612-825-1701.

KINDS OF LIGHT: STARS

CONTEMPLATIVE

EVENING WORSHIP 11/20

This month's Contemplative Evening Service, *Kinds of Light: STARS*, on Sunday, Nov. 20 at 5:30 p.m., brings us music by the Estonian composer Urmas Sisask. Inspired equally by astronomy and by the folk legends and idioms of the Estonian people, Sisask has written volumes of music decorated by his own drawings of the constellations, nebulae, and galaxies that span the heavens. The vast empty spaces and intense celestial flames are evoked by the mysterious resonances of the piano, played by Dr. Jerrod Wendland.

Interspersed with silent meditation and poetry read by Rev. Ruth MacKenzie, this service asks us to re-imagine our place in the universe, and to contemplate the tiny, constant beams of light that suffuse our world.

GLOBAL GIFT FAIR

This year's Global Gift Fair will be held in the Social Hall on Sunday, Nov. 27 from 9 a.m. to 1 p.m. Come and purchase handmade items from organizations that help people in need. Gift responsibly!

WELCOME

We are so glad you are here.

At First Universalist Church, in the spirit of love and hope, we give, receive, and grow. We welcome, affirm, and protect the light in each human heart; we listen deeply to where love is calling us next; and we act with humility, bravery, and compassion in service to justice. We do all this as a faith community committed to racial justice. These spiritual practices and commitments are the ways we move in rhythm with the great love that is alive in the world.

LET US KEEP YOU IN OUR THOUGHTS & PRAYERS

If you are experiencing a crisis or transition, or celebrating a joy—please let us know. To be included in our Cycle of Life each Sunday in worship, contact Sandy DiNanni at sandy@firstuniv.org or 612-825-1701.

If you would like support, contact the church office at 612-825-1701 or any member of our Pastoral Care Team.

Are You Visiting?

Come to a brief orientation to First Universalist and Unitarian Universalism, the 1st and 3rd Sundays of the month.

Our next orientation takes place: Nov. 20, 2016

Meet us in the front of the Sanctuary immediately after the service. Find out more about our community in this 45-minute overview. No sign up needed. Childcare is provided during the session after the 11:15 a.m. service.

The Visiting Families Welcome Station at the north end of the Religious Education wing has information about our Children, Youth & Family Ministries. Stop by if you are interested in learning more, or email Director of Children, Youth & Family Ministries Lauren Wyeth at: lauren@firstuniv.org.

CELEBRATING OUR GENEROSITY

Offering plates from Sunday Service:

10/23 MN Interfaith Power & Light \$769.86

10/30 Augsburg Fairview Academy \$1,611.65

11/6 Beacon Interfaith Housing Collaborative
\$1,433.49

Know a charitable organization that shares our commitment to justice and equity? Nominate an offering recipient at: firstuniversalistchurch.org/offering-plate.

If you'd like to make a donation but don't have cash, use the Square Cash App. It takes no time at all to set up and use! First Universalist's cash tag is \$firstuniv. For more information, go to <http://firstuniversalistchurch.org/new-giving-option-square-cash/>.

HELPFUL INFORMATION

Hearing devices are available; please ask an usher. **Cushions** are available for the pews and are located next to the sound booth and at the entrance to the Sanctuary. Please return them to their home after the service. We also have **fragrance-free rows** marked in the balcony. **For more information**, stop by our Information Center in the Social Hall downstairs, call 612-825-1701, or visit our website: firstuniversalistchurch.org.

COMFORT SHAWLS

Do you like to knit? Contact Pat Foulkes, pfoulkes@hotmail.com, for directions for the comfort shawls that we distribute to congregants in times of need. Or perhaps you know somebody who is in need of a Comfort Shawl; contact Congregational Care co-chairs Kathy Urberg at kathyurberg@gmail.com or Kathy Coskran at 612 202-9322 or kac1122@aol.com.

THE WEEKLY LIBERAL

The Weekly Liberal is published on Thursdays. Subscribe at: firstuniversalistchurch.org/the-weekly-liberal/
Do you have news or information you'd like published? Fill out the submission form on our website!



*In the Universalist spirit of love and hope,
we give, receive, and grow.*



WORSHIP THEME: MAKING SPACE FOR DISCOMFORT

WHAT HAVE WE DONE?

REV. JUSTIN SCHROEDER

NOVEMBER 13, 2016

We welcome, affirm, and protect the light in each human heart; we listen deeply to where love is calling us next; and we act with humility, bravery, and compassion in service to justice. We do all this as a faith community committed to racial justice.

Music for Gathering

Atsiabekor
- Traditional Ewe (West Africa)

Anoka Ramsey Community College
World Drum Ensemble
Nickolai Zielinski

Words of Welcome

Rev. Justin Schroeder

Bellsound

Prelude

Draw the Circle Wide
- Mark Miller

First Universalist Choir
Dr. Randal Buikema

Drum Circle

Anoka Ramsey Community College
World Drum Ensemble
Nickolai Zielinski

Call to Worship

Welcome Jerde

Opening Hymn #389 (Please rise in body or spirit)

Gathered Here

(The choir will sing first, then invite the congregation to join in.
The third time will be sung as a round.)

Lighting the Chalice

Love is the spirit of this church
And service is its law.
This is our great covenant:
To dwell together in peace,
To seek the truth in love,
And to help one another.

-James V. Blake

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New Member Welcoming

Rev. Elaine Aron Tenbrink

Cycle of Life

Rev. Jen Crow

Hymn of Prayer #123 (please remain seated)

Spirit of Life

Spirit of life, come unto me,
Sing in my heart all the stirrings of compassion
Blow in the wind, rise in the sea:
Move in the hand, giving life the shape of justice.
Roots hold me close. Wings set me free.
Spirit of Life, come to me. Come to me.

-Carolyn McDade

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Reading

Rev. Justin Schroeder

Anthem

Bonse Aba
- Victor Johnson

First Universalist Choir
Anoka Ramsey Community College
World Drum Ensemble
Dr. Randal Buikema
Nickolai Zielinski

All who sing with the spirit
Have a right to be called the Children of God.

Sermon

Rev. Justin Schroeder

What Have We Done?

Offertory

Second Construction in Metal
- Anoka Ramsey Community College
World Drum Ensemble

Anoka Ramsey Community College
World Drum Ensemble
Nickolai Zielinski

Closing Words

Rev. Justin Schroeder

Blessing in Song #413

Go Now in Peace

Music for the Journey

Kpatsa
- Traditional Ghanaian (West Africa)

Anoka Ramsey Community College
World Drum Ensemble
Nickolai Zielinski

Worship Leaders

Rev. Justin Schroeder	Senior Minister
Rev. Elaine Aron Tenbrink	Minister of Membership and Adult Ministries
Rev. Jen Crow	Executive Miniser
Dr. Jerrod Wendland	Pianist
Dr. Randal Buikema	Director of Choral Arts
First Universalist Choir	
Avery Lindon	9:30 A.M. Chalice Lighter
Andie Gegax	11:15 A.M. Chalice Lighter

Anoka Ramsey Community College World Drum Ensemble

Nickolai Zielinski Director

Shelby Awada
Stirling Callander
Ricardo Gonzales
Zach Hathcock
Adam Johnson
Olivia Koskela
Nicolas Munoz-Castillo
Katie Pernula
Grace Rondeau
Belen Rubio
Elisa Salcedo
Destiny Stevens

Chancel Flowers

Today's flowers were arranged by Meredith Sims of the Visual Arts Committee.

Offering: Standing Rock Sioux Tribe DAPL Fund

The Dakota Access Pipeline threatens the water, sacred places, and future of the children of Standing Rock by ripping through their ancestral homelands. Help sustain the fight against the Dakota Access Pipeline by donating to the Standing Rock Sioux. These donations will be used for legal, sanitary and emergency purposes.

November Worship Theme: Making Space for Discomfort

M. Scott Peck writes: "The truth is that our finest moments are most likely to occur when we are feeling deeply uncomfortable, unhappy, or unfulfilled. For it is only in such moments, propelled by our discomfort, that we are likely to step out of our ruts and start searching for different ways or truer answers." Most of us want to get to the end of an uncomfortable situation, or an unfulfilled time as soon as humanly possible. We often will choose a questionable equilibrium over a generative imbalance any day. But what if we placed the mantle of discomfort squarely upon our shoulders, and embraced it as our greatest spiritual teacher. This month, we practice making space for discomfort and the truer answers it has to teach.