

## GET CONNECTED

### ANNUAL MEETING IS JUNE 5

Following our annual Flower Communion Service on Sunday, June 5, is the Annual Meeting of the Congregation from 11:30 a.m. to 1 p.m. in the Sanctuary. This truly is a celebration of a very successful year for First Universalist Church. It is also a time when we conduct the business of this church that only Church Members can do. This year that includes the approval of the budget, approval of funding for a comprehensive stewardship campaign, initial plans for the stewardship campaign, and election of Trustees, Foundation Board Members and Nominating Committee Members.

### CONGREGATIONAL SURVEY: COMPLETE BY MAY 31

The Board of Trustees is called upon to measure how well our church is living up to its mission. And so every year we ask you to fill out a survey describing how First Universalist touches your life. This is your chance to let the church leadership know how well - or poorly - the church is serving your needs. The survey usually takes less than 10 minutes to complete. Please fill it out online at [FirstUniversalistChurch.org/survey](http://FirstUniversalistChurch.org/survey) by the end of May. Thank you!

### SUMMER SUNDAYS AT FIRST UNIVERSALIST

Worship Services are held at 10 a.m. during the summer. We ask that you please bring your own mug to the social hour after the service. This helps save on water, labor, and keeps the kitchen cool during the hot summer months. See you in church!

### REGISTRATION FOR 2016-2017 RELIGIOUS EDUCATION

RE registration for the 2016-2017 church year is now open online at: <http://1stureligiouseducation.weebly.com/>

### SUMMER SUNDAYS FOR KIDS BEGINNING JUNE 12

On Summer Sundays, childcare and Religious Education classes are offered from 10-11am for children ages 6 months up through those entering 6th grade in the Fall. We enjoy a more relaxed pace and focus on building community. Kids are grouped together as follows: Nursery (6-17 months); Preschool (18 months to 3 years); Young Children (4 years through entering 1st grade); and Elementary-Age Kids (entering 2nd-6th grade). No need to register in advance - please join us as often as you're able! Summer Sundays Religious Education kicks off June 12 and runs through the end of August.

### EXHIBIT OF WORK BY DAKOTA HOSKA

Oil paintings by First Universalist member Dakota Hoska are now on view in the social hall through Sunday, July 3. An artist's reception will be held on Sunday, June 12 in the Social Hall after worship.

### JUNE 5 - FLOWER COMMUNION SUNDAY

Please remember to bring a flower from your garden for Flower Communion Sunday, a ritual reminding us of the connection between beauty and diversity.

### LAKE HARRIET BANDSHELL OUTDOOR WORSHIP & PICNIC

Save the date for our annual worship service and potluck picnic at the Lake Harriet Bandshell: Sunday, Aug. 14 at 10 a.m.

## WELCOME

### We are so glad you are here.

At First Universalist Church, in the spirit of love and hope, we give, receive, and grow.

We welcome, affirm, and protect the light in each human heart; we act outside of our walls; we listen to where love is calling us next. We do all this as a faith community committed to racial justice. These spiritual practices and commitments are the ways we move in rhythm with the great love that is alive in the world.

### LET US KEEP YOU IN OUR THOUGHTS & PRAYERS

If you are experiencing a crisis or transition, or celebrating a joy—please let us know. To be included in our Cycle of Life each Sunday in worship, contact Sandy DiNanni at [sandy@firstuniv.org](mailto:sandy@firstuniv.org) or 612-825-1701.

If you would like support, contact Rev. Jen Crow ([jen@firstuniv.org](mailto:jen@firstuniv.org) or 612-825-1701) or any member of our Pastoral Care Team.

### Are You Visiting?

Come to a brief orientation to First Universalist and Unitarian Universalism, the 1st and 3rd Sundays of the month.

### Our next orientation takes place: June 5, 2016

Meet us in the front of the Sanctuary immediately after the service. Find out more about our community in this 45-minute overview. No sign up needed. Childcare is provided.

The Visiting Families Welcome Station at the north end of the Religious Education wing has information about our Children, Youth & Family Ministries. Stop by if you are interested in learning more, or email Director of Children, Youth & Family Ministries Lauren Wyeth at: [lauren@firstuniv.org](mailto:lauren@firstuniv.org).

### CELEBRATING OUR GENEROSITY

Offering plates from Sunday Service:

5/8 Habitat for Humanity \$741.62

5/15 Coming of Age Boston Trip \$769.33

5/22 Beacon IntefaitH Housing Collaborative \$782.69

Know a charitable organization that shares our commitment to justice and equity? Nominate an offering recipient at: [firstuniversalistchurch.org/offering-plate](http://firstuniversalistchurch.org/offering-plate).

If you'd like to make a donation but don't have cash, use the Square Cash App. It takes no time at all to set up and use! First Universalist's cash tag is \$firstuniv. For more information, go to <http://firstuniversalistchurch.org/new-giving-option-square-cash/>.

### NEW BABY WELCOME

Having a baby? Want to help welcome a new baby? Contact co-chairs of our new baby welcome team, Ann Terlizzi at 612 728-7232 or [annterlizzi@visi.com](mailto:annterlizzi@visi.com), or Jody Beresford at 952 828-9977 or [spice777@aol.com](mailto:spice777@aol.com).

### HELPFUL INFORMATION

Hearing devices are available; please ask an usher. Cushions are available for the pews and are located next to the sound booth and at the entrance to the Sanctuary. Please return them to their home after the service. We also have fragrance-free rows marked in the balcony. For more information, stop by our Information Center in the Social Hall downstairs, call 612-825-1701, or visit our website: [firstuniversalistchurch.org](http://firstuniversalistchurch.org).

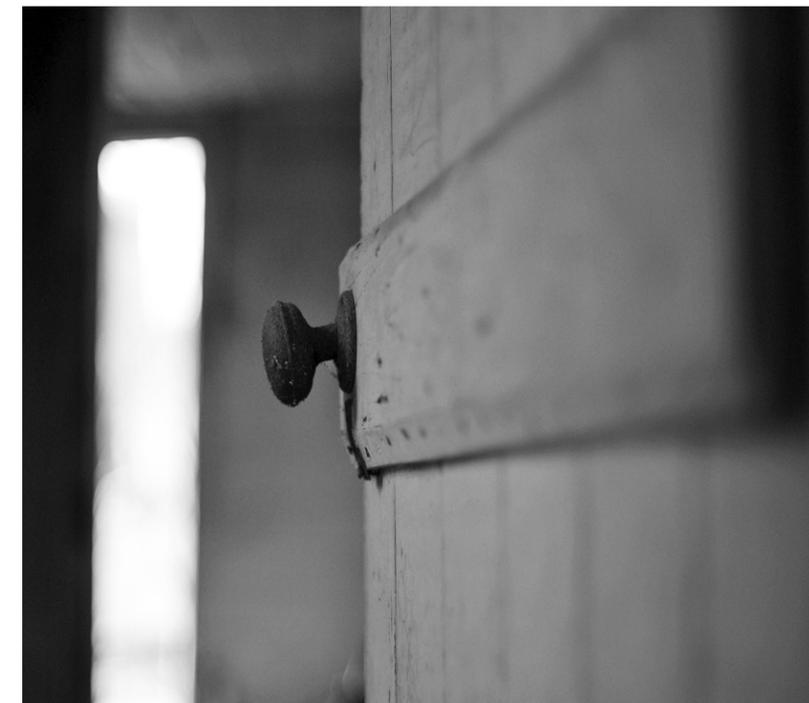
### THE WEEKLY LIBERAL

The Weekly Liberal is published on Thursdays. Subscribe at: [firstuniversalistchurch.org/the-weekly-liberal/](http://firstuniversalistchurch.org/the-weekly-liberal/)

Do you have news or information you'd like published? Fill out the submission form on our website!



*In the Universalist spirit of love and hope,  
we give, receive, and grow.*



WORSHIP THEME: DOORWAYS

## A VETERAN'S MEMORY, A CIVILIAN'S FORGETFULNESS

REV. JUSTIN SCHROEDER  
PATRICK DOUGHERTY

MAY 29, 2016

*We welcome, affirm, and protect the light in each human heart; we act for justice outside of our walls; we listen to where love is calling us next. We do all this as a faith community committed to racial justice.*

**Music for Gathering** Dr. Jerrod Wendland

**Words of Welcome** Rev. Justin Schroeder

**Prelude** Dr. Jerrod Wendland

**Musical Call to Worship** Rev. Ruth MacKenzie  
*I Wish the Wars Were All Over*  
- Traditional Irish Melody, text by Tim Erickson

**Opening Hymn #1009 (Please stand in body or spirit)**

*When I Breathe In*

**Lighting the Chalice**

Love is the spirit of this church  
And service is its law.  
This is our great covenant:  
To dwell together in peace,  
To seek the truth in love,  
And to help one another.

-James V. Blake

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**Reflection** Patrick Dougherty  
*Healing Trauma Through Connection*

**Musical Interlude** Dr. Jerrod Wendland

**Silence**

**Cycle of Life** Rev. Justin Schroeder

**Hymn of Prayer #123 (please remain seated)**

*Spirit of Life*

Spirit of life, come unto me,  
Sing in my heart all the stirrings of compassion  
Blow in the wind, rise in the sea:  
Move in the hand, giving life the shape of justice.  
Roots hold me close. Wings set me free.  
Spirit of Life, come to me. Come to me.

-Carolyn McDade

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**Reflection** Patrick Dougherty

*A Veteran's Memory, a Civilian's Forgetfulness*

**Responsive Hymn #1009**

*When I Breathe In*

**Reflection** Rev. Justin Schroeder

*Ritual of Remembering*

**Offertory** Dr. Jerrod Wendland

*Look on Down from the Bridge*  
- Mazzy Star

**Closing Ritual** Rev. Ruth MacKenzie  
Dr. Jerrod Wendland

*Qigong*

**Closing Words** Rev. Justin Schroeder

**Blessing in Song #413**

Go Now in Peace

**Worship Leaders**

Rev. Justin Schroeder	Senior Minister
Patrick Dougherty	Member
Rev. Ruth MacKenzie	Minister of Worship & Coming of Age
Dr. Jerrod Wendland	Pianist

**Chancel Flowers**

Today's flowers were arranged by Marjie Smith of the Visual Arts Committee, and donated by Dan and Martha Moriarty in celebration of their 15th wedding anniversary.

**Offering: Center for Fathering at Urban Ventures**

Urban Ventures was founded in Minneapolis in 1993 with the mission to assist urban communities in their quest for transformation. Twenty four years later, Urban Ventures is seen as a national leader in faith-based community development. The Center for Fathering, an Urban Ventures program, works to empower men and women to be effective and loving parents through engaging large and small group classes. Each session is taught by urban parenting experts and focuses on teaching practical skills, helping participants be the parent their children need. 70% of parents that attend just one class continue on to graduate from the program.

**About Today's Guest Speaker**

Patrick Dougherty, M.A., L.P., is a licensed psychologist, teacher, writer, and a Vietnam veteran. He has had a clinical practice for more than 30 years and has been at the forefront of contemporary issues in psychotherapy for the past 25 years. In 1997 he became a qigong teacher and has been integrating this meditative and energetic practice into his clinical work since then. He has been pioneering a holistic approach to mind/body healing with a heart-centered approach to psychotherapy. For the last decade, he has been working with the new emerging approach to working with trauma and human spirit. Patrick is the author of *Qigong in Psychotherapy: You Can Do So Much by Doing So Little*, and a memoir, *A Whole-Hearted Embrace: Finding Love at the Center of it All*.

**May Worship Theme: Doorways**

Alexander Graham Bell once said, "When one door closes, another opens." Although it may sound a bit pollyannaish, there is a deep truth in this saying. Things come to an end. Experiments fail. Initiatives run their course. The truth of the matter is that life does not stop its unfolding. A door is always closing. A door is always opening. In this season of new life, graduations, coming of age, we mark and celebrate doorways.