

## GET CONNECTED

### **THE ABOLITIONISTS VIDEO AND DISCUSSION TODAY**

How did the fringe movement to abolish slavery become a force that changed a nation? Join us for an engaging viewing and discussion of *The Abolitionists*, part of the acclaimed PBS series *American Experience*. Led by Suzanne Hay, Kayci Rush, and Rev. Justin Schroeder, this gathering will meet in the Cummins Room today at 1 p.m. or on Tuesday, Oct. 13 at 7 p.m.

### **HAVE YOU FOUND YOUR SPIRITUAL HOME AT FIRST UNIVERSALIST?**

Join us for The Pathway to Membership class, which explores the history of this faith tradition and this congregation, our racial justice commitment, and the experience of membership. The Pathway to Membership is required for joining the church. Our next class is a two-session experience on Sundays, Oct. 18 and 25 from 1-4 p.m.

To sign up, contact Sandy DiNanni at [Sandy@firstuniv.org](mailto:Sandy@firstuniv.org) or 612-825-1701.

Childcare is available with at least 7 days advance notice at: <http://firstuniversalistchurch.org/childcare-request-form/>

### **FAITHFUL ACTION LEADERSHIP COUNCIL**

The Faithful Action Leadership Council (FALC) is the newly formed body that will set the direction of faithful action ministries at First Universalist going forward. Save the date for our first Faithful Action Fair on Oct. 25, where you can learn more!

### **SABBATH SUNDAY: JOIN US NEXT WEEK!**

Join us next Sunday for Sabbath Sunday, a multigenerational day to renew your spirit in community. From 9:30 a.m. to 5:30 p.m., we invite you to join us in a variety of activities and opportunities to rest, play and socialize: we'll enjoy worship, a potluck lunch, community sing, a concert, labyrinth walk, and much more. We'll also rededicate the First Universalist Labyrinth on this day in honor of its ten-year anniversary.

### **CHURCH DIRECTORY & CALENDAR ON YOUR SMARTPHONE**

Imagine: With a few simple taps on your phone, you could:

- \*Call, text, or email your friends from church
- \*Check the church calendar
- \*Make a financial gift

This is now available for members and friends of First Universalist through the Church Life app. Head to the social hall after the service today to find out more.

### **NOMINATE AN OFFERING PLATE RECIPIENT**

Have you ever wondered how we select organizations to receive part of our offering plates? It starts with you! All the organizations that receive our offering plates are recommended by members and friends. If there's a non-profit you think should receive an offering plate, please nominate them by filling out the short "Offering Plate" form on our website, which you can find under the "Connections" tab.

## WELCOME

*We are so glad you are here.*

*At First Universalist Church, in the spirit of love and hope, we give, receive, and grow.*

We welcome, affirm, and protect the light in each human heart; we act outside of our walls; we listen to where love is calling us next. We do all this as a faith community committed to racial justice. These spiritual practices and commitments are the ways we move in rhythm with the great love that is alive in the world.

### **HELPFUL INFORMATION**

**Hearing Devices** are available; please ask an usher. Cushions are available for the pews and are located next to the sound booth and at the entrance to the Sanctuary. Please return them to their home after the service. We also have **Fragrance-Free rows** marked in the balcony.

**For more information**, stop by our Information Center in the Social Hall downstairs, call 612-825-1701, or visit our website: [firstuniversalistchurch.org](http://firstuniversalistchurch.org).

### **Are You Visiting?**

Come to a brief orientation to First Universalist and Unitarian Universalism, the 1st and 3rd Sundays of the month.

### **Our next orientation takes place: Today!**

Meet us in the front of the Sanctuary immediately after the service. Find out more about our community in this 45-minute overview. No sign up needed and coffee & childcare are provided.

**The Visiting Families Welcome Station** at the north end of the Religious Education wing has information about our Children, Youth & Family Ministries. Stop by if you are interested in learning more, or email Director of Children, Youth & Family Ministries Lauren Wyeth at: [lauren@firstuniv.org](mailto:lauren@firstuniv.org).

### **CELEBRATING OUR GENEROSITY**

*Offering plates from Sunday Service:*

- 9/6 Families Moving Forward \$625.39
- 9/13 UUSC Crisis Fund for Refugees \$2989.64 (100% donated to the recipient.)
- 9/20 Habitat for Humanity \$981.90

Know a charitable organization that shares our commitment to justice and equity? Nominate an offering recipient at: [firstuniversalistchurch.org/offering-plate](http://firstuniversalistchurch.org/offering-plate)

### **LET US KEEP YOU IN OUR THOUGHTS & PRAYERS**

If you are experiencing a crisis or transition, or celebrating a joy—please let us know. To be included in our Cycle of Life each Sunday in worship, contact Sandy DiNanni at [sandy@firstuniv.org](mailto:sandy@firstuniv.org) or 612-825-1701.

If you would like support, contact Rev. Jen Crow ([jen@firstuniv.org](mailto:jen@firstuniv.org) or 612-825-1701) or any member of our Pastoral Care Team.

### **MEAL SUPPORT**

New baby? Illness? Accident? Let us know if you or somebody in our community would like us to create a meal train for you. Meal trains typically run two to six weeks depending on need and give congregants a way to help. Contact Kathy Urberg, [kathyurberg@gmail.com](mailto:kathyurberg@gmail.com).

### **THE WEEKLY LIBERAL**

*The Weekly Liberal* (our email newsletter) is published on Thursdays. Subscribe at: [firstuniversalistchurch.org/the-weekly-liberal/](http://firstuniversalistchurch.org/the-weekly-liberal/)

Do you have news or information you'd like published? Fill out the submission form on our website!



*In the Universalist spirit of love and hope,  
we give, receive, and grow.*



WORSHIP THEME: HUMILITY

## OUR SHARED ROOTS

REV. ELAINE ARON TENBRINK

OCTOBER 4, 2015

**Music for Gathering**

*The Merry King*  
– Percy Grainger

Dr. Jerrod Wendland

**Words of Welcome**

Rev. Justin Schroeder

**Bellsound**

**Prelude**

*Missy*  
– Karla Dietmeyer, Olivia Hahn

The OK Factor

**Wisdom Story**

Rev. Justin Schroeder

**Opening Hymn #16 (Please stand in body or spirit)**

*‘Tis a Gift to be Simple*  
(Sing 2x through.)

**Lighting the Chalice**

Love is the spirit of this church  
And service is its law.  
This is our great covenant:  
To dwell together in peace,  
To seek the truth in love,  
And to help one another.  
-James V. Blake  
  
(reprinted with permission by the UUA)

**Music for Journeying**

*Pick Me Up, Ruby*  
– Karla Dietmeyer, Olivia Hahn

The OK Factor

(Children are excused to their classes)

**Silence**

**Cycle of Life**

Rev. Justin Schroeder

**Hymn of Prayer #123 (please remain seated)**

*Spirit of Life*  
Spirit of life, come unto me,  
Sing in my heart all the stirrings of compassion  
Blow in the wind, rise in the sea:  
Move in the hand, giving life the shape of justice.  
Roots hold me close. Wings set me free.  
Spirit of Life, come to me. Come to me.  
  
-Carolyn McDade  
(reprinted with permission by the UUA)

**Reading**

*Fire*  
– Judy Brown

Rev. Elaine Aron Tenbrink

**Musical Offering**

*Silk*  
– Karla Dietmeyer, Olivia Hahn

The OK Factor

**Sermon**

*Our Shared Roots*

Rev. Elaine Aron Tenbrink

**Offertory**

*Mountain Tune*  
– Karla Dietmeyer, Olivia Hahn

The OK Factor

**Closing Hymn #315 (Please stand in body or spirit)**

*This Old World*

**Closing Words**

Rev. Elaine Aron Tenbrink

**Blessing in Song #413**

*Go Now in Peace*

**Music for the Journey**

*Shepherd’s Hey*  
– Percy Grainger

Dr. Jerrod Wendland

**Worship Leaders**

Rev. Elaine Aron Tenbrink                      Minister of Membership & Adult Ministries  
  
Rev. Justin Schroeder                            Senior Minister  
Dr. Jerrod Wendland                            Pianist  
Luca Knych (9:30 & 11:15)                      Chalice Lighter

**Worship Design & Coordination**

Rev. Ruth MacKenzie                            Minister of Worship Arts

**Chancel Flowers**

Today’s flowers were arranged by Rita Franchett of the Visual Arts Committee.

**Offering: Second Stork**

Second Stork is a Minnesota nonprofit with a mission to provide immediate access to essential items for newborns in need free of charge and with no strings attached. Second Stork is not religious or political in its mission or operations, and strives to always respect the dignity of people in need. Second Stork works with social workers and nurses at 35 Minnesota Hospitals. At their discretion, medical professionals can give cribs, formula, diapers and wipes provided by Second Stork to families in need. In 2014, Second Stork engaged over 1,000 volunteers to help over 700 newborns.

**About Today’s Musical Guests**

Classically trained musicians from the Midwest, cellist Olivia Hahn and violinist Karla Dietmeyer began collaborating in 2012 while pursuing their Bachelor of Arts degrees in music performance. They joined forces with the goal of creating musical experiences that would challenge their formal training. The result of this collaboration is The OK Factor, a duo experimenting in a number of genres, including bluegrass, jazz and popular music. <http://www.theokfactor.com/oandk/>

**October Worship Theme: Humility**

Three treasures of human existence are outlined in the Tao Te Ching, the holy book of Taoism. They are compassion, moderation, and humility. Each feeds the divine spark, the Tao alive in the human heart. When we are compassionate we can truly live into bravery. When we are moderate we can give with generosity. When we are humble we become useful servants. This month we explore humility and its importance in becoming more whole and more useful.